



MUHAMMAD ARIF

Health Safety & Environment Supervisor

✉ hse.arifmuhammad@gmail.com ☎ +966 53 643 5019

📍 Al Kahfah, Kingdom of Saudi Arabia

- 11+ years of experience in Health and Safety;
- A qualified, result-oriented, dedicated, and skilled Environment;
- Expert at inspecting, and evaluating workplaces for safety hazards, recommending and implementing safe workplace policies and procedures;
- Outstanding interpersonal, presentation, and training skills with proven ability to interact effectively with people at different levels.

PROFESSIONAL QUALIFICATIONS/

ACHIEVEMENTS IN SAFETY:

- **NEBOSH, UK, HSEPro Safety**
Training and Consultancy Institute
Business Bay – Dubai;
- **IOSH Managing Safely, UK, JD**
Institute Business Bay – Dubai;
- **FIRST AID, High fields Level**
- **FIREFIGHTER (Fire Warden).**

SAFETY ACHIEVEMENTS CERTIFICATES

& TPC TRAINING:

ACCIDENT REPORTING & INVESTIGATION,



Snakes Catcher Training



COSHH RISK ASSESSOR CERTIFICATION,



Electrical Rescue Training



SLIP, TRIPS AND FALLS, PTW, LOTO,



COMMISSIONING,



TANDEM LIFTING.



Work Experience:

EHS Supervisor

L&TSA (Larsen & Toubro Kingdom of Saudi Arabia LLC)

Project: 1.6GWac/1.8GWp Sudair PV IPP Project KSA

[April 2023 – Dec 2023]

Client: ACWA Power

Project: 1.4GWac Al Kahfah PV IPP Project KSA

[Dec 2023 – Present]

Client: ACWA Power

**CEEC (China Energy Engineering Group Hunan Power
Construction) CO.LTD - DUBAI BRANCH**

Project CSP: Mohammed Bin Rashid Al Maktoum Solar Park

[April 2021 – Feb 2023]

Contract Title: **950 MW Hybrid [EPC] Project (700MW CSP &
250MW PV)**

Client: ACWA Power - DEWA Consultant: Noor Energy 1,
SEGC.

**CSCEC (China State Construction and Engineering Corporation)
Middle East, UAE**

Civil and Infrastructure Division Projects

[July 2019 – April 2021]

Project Title: **R1086 Dubai Hills Estate Mall Access**

Value: **AED 950 million** Client: **RTA- Dubai** Consultant: **JACOBS**
[May 2018 – July 2019]

Contract Title: **Closeout Projects** Client: **RTA- Dubai** Consultant:
Parsons

[April 2016 – May 2018]

Contract Title: **R921-1B Al Wasl Interchange**

Value: **AED 750 million**, Client: **RTA-Dubai** Consultant: **Parsons**

RSMC (Ramzan & Sons Manufacturer Company) Lahore, Pakistan
[December 2013 – November 2015]

DRIVING LICENSE DUBAI & KSA

LMV License Number 3: 44088975

DUBAI, LMV 2544963818 KSA

EDUCATIONAL QUALIFICATIONS

Bachelor Degree 2011

University of the Punjab, Lahore,
Pakistan.

TECHNICAL QUALIFICATIONS

Punjab VTI Lahore, Pakistan

(Certification of Microsoft Office
Application).

CAREER OBJECTIVE

- An Energetic, enthusiastic, and a versatile problem-solver with a genuine interest in implementing
- Maintaining best practice health and safety standards for businesses.
- Keen to work for a reputable employer in a stimulating role where I can apply my excellent organizational and communication

skills, professionalism, and enthusiasm.

Job Description:

- Contracting and construction experience in various fields such as road, bridge, PV, Sub Stations, PSS, MCR Building;
- Supervising workplace activities, including PV structure installation, electrical safety, energized equipment handling, plant and machinery inspection, PTW review, monthly inspections, commissioning, and LOTO procedure;
- Develop a culture to anticipate and prevent health hazardous conditions;
- Investigate incidents, determine root cause, and develop corrective actions;
- Conducted monthly subcontractors camps, TSF inspection;
- Handle safety assessments and deploy corrective measures to minimize hazard risk profile;
- Administer safety policies and develop uniform safety practices as per long-term company safety goals;
- Practice safe work techniques are re-enforcing the safety policies and guidelines, procedures, and set out by the company;
- Provide daily guidance and direction in EHS programs at the employee/supervisor level to ensure a common and effective approach;
- Maintain and update as-needed SOPs for all safe work practices and equipment and utilize them in day-to-day training with plant, machinery and equipment operators to enhance their awareness;
- Provide advice, assist, and audit line management to ensure that effective EHS is implemented and working;
- Maintain all logs and documentation associated with permits and regulatory requirements.

KEY SKILLS AND ABILITIES

PREPARATION OF RISK ASSESSMENTS

FOLLOWING THE SAFE WORK

METHOD STATEMENTS:

- Highly proficient at creating site-specific reports pertaining. Proven ability to undertake fieldwork, data recording, and data analysis, capable of tailoring methods to the technical requirements of the client;
- Inspection of plant and machinery as per the policy of the company and maintain quality as per ISO.

STAFF TRAINING AND

DEVELOPMENT:

- In-house HSE training in Awareness of PPE, Work at Height, Hot Work – Precautions, Confined Space – Activity in new & Old chambers, Chemical Handling – Work, MEWP – training to new workers;
- Experienced in mentoring new staff and conducting induction training and requirements of site works.

ORGANIZATIONAL SKILLS:

- Proven ability to manage numerous tasks as per client's requirements to ensure that site works are completed safely and efficiently.

SUMMARY OF PROFESSIONAL QUALIFICATIONS:

- Strong, accomplished experience working with Civil, Infrastructure, and Building construction;
- Proficient with Microsoft Office, Excel, and other designing software like Adobe Premiere, Adobe Illustrator, Corel Draw, Adobe Photoshop CS, In page Urdu/ Arabic, etc;
- Excellent written and verbal communication skills;
- Amazing ability to resolve practical issues quickly;
- Remarkable ability to work in a team environment;
- Graphics designing knowledge for training material, presentations, and HSE signage.
- Participated in weekly, monthly safety, and progress meetings with management, SEGC, and government agencies;
- Coordinated or assisted EPC contractors & subcontractors with their safety programs to meet the specific safety requirements;
- Inspection & plan of waste material such as concrete, steel rebar, wood, chemical, and cement bags and properly disposed of;
- Prepare weekly & monthly HSE reports and submit them as required;
- Ensure toolbox talks are delivered to all supervisors for further delivery to workforces;
- Evaluated the need for safety equipment for employees, first aid, fire protection, hygiene, sanitation, etc;
- Review risk and impact assessments as required by the HSEMS.