

ZEESHAN ZAFAR
HSE Officer

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Key Information:

Motivated occupational health student eager to bring academic success to challenging professional role Offers knowledge of industry best practices and compliance. Frequently commended for managing high-volume tasks with superior attention to detail. Focused professional motivated to contribute value through proven commitment to health and safety. Trained in regulatory compliance and site inspections with proven Data. Detail-oriented team player with strong organizational skills. Ability to handle multiple projects simultaneously with a high degree of accuracy.

Education:

- ⊕ Environment Engineering (IETC Rawalpindi 2015)
- ⊕ MS Office from (Punjab Technical Inst M.b.din 2014)
- ⊕ DAE Civil (G.C.T Rasul. M.b.din 2013)
- ⊕ Metric (Govt Higher Sec School Bosal 2010)

Certificate Courses:

- NEBOSH IGC
- EMS ISO 14001:2015
- Trian The Trainer
- IOSH-Managing Safely
- Emergency First Aid CPR & AED
- Fire Safety UK

Professional Training:

1. Permit to work.
2. Fire Fighting
3. Hot Work Training
4. Scaffolding inspection
5. PPE inspection
6. Confined Space
7. Work at Height
8. Lock out Tag out
9. Hand and Power Tools

Work Experience:

Company : *Eammar Infrastructure Contracting Company*
Duration : *November 2023 To Till Date*
Position : *HSE Officer*
Project : *Construction Of TSE Network For Green Riyadh Program*

Brief Job Description:

- * Conducts HSE meetings and investigates all industrial accidents.
- * Preparation Barricading and warning signs as per requirements.
- * Arrange of flagmen at designated locations and detours.
- * To evacuate area at emergency and to secure the life of people including assets at the site.
- * To maintain hygienic and good atmosphere at the site to avoid any kind of loss.
- * Developing and Maintaining a Team Work Approach to Site Safety Control activities with all concerned parties.
- * Carryout Inspection of Mobile equipment's.

Company : **Creet International Contracting Company**
Duration : **May 2022 to August 2023**
Position : **HSE Officer**
Project : **Nupco Logistic Operations Center Al Qassim**

Brief Job Description:

- * Keep all record of work permits and check lists
- * Inspection of scaffolding at site.
- * Reduced personnel injuries through encouraging safe behaviour in workplace.
- * Participated in safety and risk assessments and suggested hazard reduction strategies.
- * Developing and Maintaining a Team Work Approach to Site Safety Control activities with all concerned Parties.
- * Carryout Inspection on good housekeeping at work sites.
- * Barricading and warning signs provide on workplace.
- * Follow all safety procedures, which leads to achieve successful completion of project at zero (0) accidents without loss.

Company : **Tiejun Electric Power Company**
Duration : **October 2021 to May 2022**
Position : **Sr HSE Officer**
Project : **Red Sea Public Asset And Infrastructure Project.**

Brief Job Description:

- * Give guidance on the management of Health Safety & Environment and ensure compliance with HSE Policy and standards and provide first line technical advisory and support.
- * Conducts TBT and Rams communication with Crew.
- * Inspection of Hand and Power tools.
- * Provided leadership and direction for employees, supervising activities to drive productivity and efficiency.
- * Fostered positive employee relationships through communication, training and coaching.
- * Developing and Maintaining a Team Work Approach to Site Safety Control activities with all concerned Parties.
- * Maintain good housekeeping at work sites.

Company : **Saudi Arabian Baytur.**
Duration : **March 2021 to October 2021.**
Position : **HSE Team Leader**
Project : **Misk City School Project Riyadh.**

Brief Job Description:

- * Report to Site in charge if it is found any unsafe practices and or violation of safety regulations.
- * Carryout inspection of PPEs at work sites.
- * Conducting of Safety Tool box meeting / Safety Induction Course.
- * Preparing / translating / implementing instructions of Company Safety manual to work force.
- * Inspection of lifting tools and heavy equipment's, Cranes and other.
- * Monitoring of Safe rigging and Monitoring Hot work.
- * Initiate Safety programs.
- * Initiated HSE program and trained company/contractor personnel.
- * Responsible for site's regulatory reporting.
- * Self-development and training of the employees

Company : **Saudi Arabian Baytur.**
Duration : **September 2020 to March 2021.**
Position : **HSE Officer**
Project : **KAFD Project Riyadh.**

Brief Job Description:

- * Documented incidents to verify causes of worker compensation claims. Reduced accidents by building strong Health & Safety culture and communications.
- * Conducting of Safety Tool box meeting / Safety Induction Course.
- * Preparing / translating / implementing instructions of Company Safety manual to work force.
- * Inspection of lifting tools and heavy equipment's, Cranes and other.
- * Monitoring of Safe rigging and Monitoring Hot work.
- * Initiate Safety programs.
- * Conducted Health & Safety investigations, including writing reports and following up on corrective action.
- * Initiated HSE program and trained company/contractor personnel.
- * Responsible for site's regulatory reporting.
- * Informed authorities about incidents to comply with mandated health and safety laws and regulations.

Company : **Alsaad General Contracting Company**
Duration : **June 2018 to August 2020.**
Position : **HSE Officer**
Project : **CMC Project Riyadh.**

Brief Job Description:

- * Responsible for strict implementation of Company's Safety Policies and Procedures.
Safety Supervision of day Activities.
- * Inspection Close monitoring of hazardous permitted work and ensure that all work activities are ceased in the event of breach or non – implementation of permit to work requirements.
- * Abide by company HSE policies and procedures.
- * Oversee compliance to OSHA Process Safety Management Standards and Risk Management Planning guidelines.
- * Responsible for sites regulatory reporting Plan, schedule and provide training for officers, department personnel and contractors on subjects related to Safety programs.

Abilities as HSE Professional:

- **DEVELOPED, IMPLEMENTED, MONITORED HSE MANAGEMENT SYSTEM:** Establish policy, procedure standards in line with the international standards, industrial practices, implemented the system through meeting, training, demonstration, drill, etc. Monitor by inspection, site visits, audits, review etc. and measure the performance using HSEMS Kips, Statistics, Near miss reports etc. and advised measures for continual improvement
- **ACCIDENT REPORTING, INVESTIGATION REVIEW:** Perform the accident / incident investigation, review, analysis causes using Fault Tree Analysis, , Loss Causation Model, analyze trends, predict probabilities and advise co
- **CRISIS MANAGEMENT PLANNING & DRILLS:** plans and set up crisis response , response drills, table top exercises etc. and recommend improvements corrective measures
- **PROMOTION & MOTIVATION OF HSE:** Developed &implemented the HSE promotion &Motivation scheme
- **HSE EVALUATION OF THE FACILITY:** Coordinate with management to specify the HSE requirements of the Facility etc. and perform Risk Assessment etc.
- **INSPECTION OF FIRE EQUIPMENTS:** Perform inspection & testing of the Portable, Mobile, Fixed Fire Suppression System & equipment.
- **FIRST AID:** Trained & Certified to administer First Aid, to the injured, perform basic training for workforce.

Personal:

Date of Birth: 02.11.1994

Nationality: Pakistani

Marital Status: Married

Iqama Status: Transferable

Languages:

English, Arabic, Urdu