



M UMAR FAROOQ

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PROFILE

My goals are to think objectively, make improvements, while focusing on quality results. I am enthusiastic to work with complete confidence and dedication.

SKILLS

Team leading	
Ms office	
Team Manage	

HOBBIES

- Cricket
- Body Building
- Interest in reading the books
- Online Work
- Video Editing + Composing

EDUCATION

1. DAE (Mechanical) (2010)
2. Matric (2006)

ACHIEVEMENTS

1. QMS (Internal Auditing) Training
2. IMS (ISO-9001,ISO-45001,ISO-14001)
3. FSSC 22000 (5.1V) + (6.0)
4. BRC
5. IOSH
6. NEBOSH
7. Hand Safety Training (Pak Safety)
8. Leadership Excellence (SCHUITEMA)
8. Microsoft office
9. SAP
10. 4M & WHY WHY Analysis(Internal Training)
11. Risk Assessments
12. Internal & External Audits (100% Documentation)
(FSSC-BRC-IMS-FSC COC-URSA-SMETA-KFC-MECDONALDS-ENMS-WCM)
- 13: NVQ Level 6 (Continue)

WORK EXPERIENCE

- Roshan Packages (Machine Operator Roto Gravure 8 Color) (01.05.2011 To 25.05.2015)
- Bulleh Shah Packaging (EHS) (01.06.2015 to 01.08.2018)
- Bulleh Shah Packaging (Customer Complaint)
(01.08.2018 to 01.08.2020)
- Packages Convertors (BUFC) (EHS SHEQ Executive)
(01.08.2020 to Continue)