



# SYED ASAD UR RAHMAN

## HEALTH & SAFETY STUDENT/ASSISTANT

### CONTACT

+92 310 9091887  
 asadbazi851@gmail.com  
 Gilgit Baltistan, Pakistan

### SKILLS

- Project Management
- Advanced Risk Assessment
- Teamwork
- Inspections
- Leadership
- Effective Communication
- Critical Thinking
- Problem Solving

### LANGUAGES

- English (Fluent)
- Urdu (Fluent)
- khowar (Fluent)

### REFERENCE

**Mr. Syed**  
Learner Master  
**Phone:** +92 343 5404520  
**Email :** syedsmartstudy009@gmail.com

### PROFILE

"Results-driven Health & Safety professional with NEBOSH Level 3 credentials. Currently getting Admission NVQ Level 6 to further master strategic risk management and safety leadership. Expert in identifying workplace hazards and delivering practical solutions that balance operational efficiency with employee wellbeing."

### WORK EXPERIENCE

#### **HASHMAT Chemicals Industry Limited (HCIL)**

2024 - 2025

##### Incident Investigator:

Acted as the lead investigator for "Near Miss" events, using Root Cause Analysis (RCA) to implement preventative measures and prevent recurrence.

#### **HASHMAT Chemicals Industry Limited (HCIL)**

2024 - 2025

##### Trainer:

Designed and delivered bespoke "Manual Handling" and "Working at Height" training programs for [Number] employees, reducing lost-time injuries (LTI) by 75%..

#### **HASHMAT Chemicals Industry Limited (HCIL)**

2024 - 2025

##### Leadership:

Lead monthly Safety Committee meetings, presenting injury-frequency data to senior management to influence budget allocation for safety equipment.

### EDUCATION

#### **Matriculation**

Askari Eden School For Boys Kallar Kahar (Chakwal).

2020-2022

**MARKS:** 938 / 1100

#### **Higher Secondary (FSC)**

Bradford Science College Karak (kpk)

2022- 2024

**MARKS:** 808 / 1100

- **NABOSH IGC Level 3**
- **First Aid**
- **Fire Safety**
- **Risk Assessment**