

SYED ASAD UR RAHMAN

HEALTH & SAFETY
STUDENT/ASSISTANT



CONTACT

+92 310 9091887

asadbazi851@gmail.com

Gilgit Baltistan, Pakistan

SKILLS

- Project Management
- Advanced Risk Assessment
- Teamwork
- Inspections
- Leadership
- Effective Communication
- Critical Thinking
- Problem Solving

LANGUAGES

- English (Fluent)
- Urdu (Fluent)
- khowar (Fluent)

REFERENCE

Mr. Syed

Learner Master

Phone: +92 343 5404520

Email : syedsmartstudy009@gmail.com

PROFILE

"Results-driven Health & Safety professional with NEBOSH Level 3 credentials. Currently getting Admission NVQ Level 6 to further master strategic risk management and safety leadership. Expert in identifying workplace hazards and delivering practical solutions that balance operational efficiency with employee wellbeing."

WORK EXPERIENCE

HASHMAT Chemicals Industry Limited (HCIL)

2024 - 2025

Incident Investigator:

Acted as the lead investigator for "Near Miss" events, using Root Cause Analysis (RCA) to implement preventative measures and prevent recurrence.

HASHMAT Chemicals Industry Limited (HCIL)

2024 - 2025

Trainer:

Designed and delivered bespoke "Manual Handling" and "Working at Height" training programs for [Number] employees, reducing lost-time injuries (LTI) by 75%..

HASHMAT Chemicals Industry Limited (HCIL)

2024 - 2025

Leadership:

Lead monthly Safety Committee meetings, presenting injury-frequency data to senior management to influence budget allocation for safety equipment.

EDUCATION

Matriculation

Askari Eden School For Boys Kallar Kahar
(Chakwal).

2020-2022

MARKS: 938 / 1100

Higher Secondary (FSC)

Bradford Science College Karak (kpk)

2022- 2024

MARKS: 808/ 1100

> NABOSH IGC Level 3

> First Aid

> Fire Safety

> Risk Assessment