



# **Sajjad Ahmad**

**Bachelor of Science**  
**Health Safety & Environmental Manager**  
**VALID SARS CARD & OSHAD Certified**  
**International Award in Training Delivering**  
**Level 3 First Aid Training**

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Abu Dhabi, UAE

Looking forward to pursue a professional career in competitive and rewarding work environment, contributing the best of my abilities in adding value to your esteemed organization.

## **China Harbour Engineering Company LLC**

**May 2022 to Date**

### **Project HSE Manager**

Project: Project Shamal Development - Topsides and Infrastructure Works  
Location: Khalifa Port.  
Client: Abu Dhabi Ports.

#### **Responsibilities:**

##### ***Developing and implementing safety policies and procedures:***

- Develop safety policies and procedures that comply with regulatory standards and ensure that all personnel on site understand and adhere to these policies.

##### **Conducting risk assessments:**

- Conduct regular risk assessments to identify hazards and evaluate the level of risk posed to employees, contractors, and visitors on site.

##### **Training and educating employees:**

- Provide training and education to employees, contractors, and visitors on site regarding safety procedures, best practices, and emergency response procedures.

## **Current Position**

##### **Investigating incidents and accidents:**

- Investigate any incidents or accidents that occur on site, identify the root cause of the problem, and develop strategies to prevent similar incidents from occurring in the future.

##### **Ensuring compliance with regulatory standards:**

- Ensure that all safety procedures and policies comply with regulatory standards, including OSHA regulations, and other relevant environmental standards.

##### **Developing emergency response plans:**

- Develop emergency response plans and procedures to ensure that all personnel on site know how to respond in the event of an emergency, such as a fire or natural disaster.

##### **Maintaining safety equipment:**

- Ensure that all safety equipment on site, such as personal protective equipment (PPE) and fire extinguishers, are properly maintained and in good working condition.

##### **Communicating with management and stakeholders:**

- Communicate regularly with management and stakeholders regarding the status of safety on site, any incidents or accidents that occur, and any changes to safety policies and procedures.

## Work Experience

### Ensure compliance of Legal & operational requirements.

- Project activities are compliance with approved company Project HSE Policies and Procedures and approved HSE Plan with coordination of all stake holders.
- Implementation of Project HSE Policies, HSE Plans, risk assessments, complying legal and client requirements and strict monitoring at site to ensure that all project work activities are carried out safely to avoid any incident/ accident at site.

<b>Asia Prime Engineering HSE MANAGER</b>	<b>Oct 2020 to April 2022</b>
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Organisation:	Asia Prime Engineering
Project:	Construction of Borouge Permanent warehouses
Location:	KIZAD - A7.
Client:	Abu Dhabi Ports.
Designation:	Project HSE Manager

#### Responsibilities:

- Ensure the implementation of the H&S Management System and norms as per applicable H&S requirements.
- Identify the training needs, designing and imparting training for staff, visitor, subcontractors and workmen.
- Support the Project Site In-charge, Construction Manager and Contractors in implementing the requirements of the H&S plan.
- Monitor implementation of Project H&S plan and appraise Project Director/ Deputy Project Director, Project Site In-charge for suitable actions.
- Monitor the evaluation of compliance to statutory requirements as identified at the prescribed frequency.
- Appraise the Project Director/ Deputy Project Director / Project Site In-charge & Head-EHS on matters of non-compliance and facilitate compliance.
- Encourage Construction management to demonstrate commitment consistently by personal participation in H&S activities.
- Maintain integrity of incident investigation & review process to avoid recurrence.
- Exercise Empowerment to stop unsafe work practices and encourage all employees to work only when it is safe.
- Disseminate H&S Policies, standards and procedures within the project and facilitate its implementation.
- Educate the team on applicable Statutory & other requirements, monitor & report status of compliance.
- Organize & facilitate H&S training for staff / employees and maintain updated records.
- Ensure effective maintenance of arrangements for employee participation, consultation & communication on all H&S issues.
- Report all incidents to relevant team.
- Identify the need, require, and influence the development / changes to project H&S documentation.

	<ul style="list-style-type: none"> <li>• Act as a catalyst for establishing, implementing &amp; maintaining emergency preparedness and response procedure at project site.</li> <li>• Verify arrangements to handle emergencies; educate the team; observe mock drills for adequacy of preparedness.</li> <li>• Monitor performance (including sub-contractors), identify the focus areas &amp; establish action plans / objectives for improvement.</li> <li>• Be a leader in incident investigations; disseminate learning through H&amp;S meetings and track actions.</li> <li>• Monitor activities, recognize &amp; report non-conformities, recommend &amp; follow-up corrective &amp; preventive actions.</li> <li>• Discuss audit findings with project team; assist in establishing corrective / preventive actions and follow-up NCR close-outs.</li> <li>• Analyse &amp; report project H&amp;S performance and recommend areas of improvement. Exercise Empowerment to stop unsafe work practices and encourage all employees to work only when it is safe.</li> </ul>
<b>Work Experience</b>	<p>Organization: China Harbour Engineering Company L.L.C      <b>April 2019 – Sep 2020</b></p> <p>Project Name: Expansion of Container Terminal 1 at Khalifa Port</p> <p>Location: Khalifa Port Taweeleah</p> <p>Client: Abu Dhabi Ports</p> <p>Designation: Sr. HSE Engineer</p>
<b>Roles &amp; Responsibilities</b>	<ul style="list-style-type: none"> <li>▪ Managing HSE in Project &amp; serving as the field point of contact for monitoring and maintaining compliance with sub contractors' own SH&amp;E Policies and plans, UAE local law and international best practices and the code of practice.</li> <li>▪ Reviewing and approving Sub Contractor's HSE , Emergency evacuation, fire prevention, emergency medical and response , disaster management, hazardous substance spill, traffic management, logistics and transportation, lifting, energy isolation, hazard communication, working at height and in confined spaces, construction environment management, hazardous waste, inclement weather, and security management and response plans.</li> <li>▪ Providing advice, guidance, and support to all personnel including Directors, Managers, Supervisors and engineers at all levels on all matters relating to Safety, Health and Environment in the workplace.</li> <li>▪ Undertaking daily visual inspections, reporting issues and submitting an observation report, and follow-up the close-out of same with Sub Contractor.</li> <li>▪ Attending site SH&amp;E meetings with Authorities, Clients and Sub Contractors.</li> <li>▪ Check SH&amp;E requirements in method statements, risk assessments and permit to work procedures submitted by the Contractor.</li> <li>▪ Inspecting site security, fire, first aid and welfare facilities and procedures appropriate to the works are provided and adequately maintained.</li> <li>▪ Investigation of all accidents and dangerous occurrences and report/advice in accordance with the Client requirements and Abu Dhabi Ports procedures.</li> <li>▪ Responding to unforeseen circumstances and taking appropriate action.</li> <li>▪ Developing and maintaining excellent communications with all levels of staff providing advice, guidance, support and management assistance in a timely and quality manner.</li> <li>▪ Monitoring policies, procedures, programs, standards, and design criteria affecting construction safety on multiple projects.</li> </ul>
<b>Working Experience</b>	<p><b>Senior HSE Engineer at East Coast Contracting &amp; Trading LLC, Fujairah, UAE.</b></p> <p><b>March 2018 - March 2019</b></p>

## Roles & Responsibilities

- Monitor daily operations to ensure compliance to company's HSE policy & conducting the safety induction of newly personnel on site.
- Preparation of risk assessments of different activities being carried out at site.
- Implementation & record keeping of Permit to work system and in case of hot work permit ensuring the prior arrangements have been taken.
- Carrying out inspection of fire extinguishers, machines on-site, MEP activities, lifting and welding equipment and ensure their safe execution.
- Identifying HSE training needs of personnel based on their activities.
- Investigation of incidents/accidents with appropriate recommendations and advise management to prevent their recurrence in future.
- Preparation & Implementation of emergency evacuation plan for site & maintain record of firefighting equipment with emergency mock up drills.
- Carrying out inspection of camp & mess regularly.
- Provide assistance to other sections in the preparation of HSE operating procedures/work instructions.
- Prepare on-site HS E Monitoring plans and ensure their effectiveness.

## Working Experience

### Health, Safety Specialist at JK Bauen Building Contracting LLC.

World Island, Dubai, UAE

April 2017 - February 2018

## Roles & Responsibilities

- Educate personnel on the company HSE policy & promoting positive health & safety culture.
- Plan & Prepare Hazard Identification & Risk Assessment teams accordingly.
- Identify HSE training needs of the field personnel based on HSE Management system to perform their activities safely & develop HSE Awareness Plan annually.
- Provide assistance to other sections in the preparation of HSE operating procedures & work instructions.
- Participate in the emergency response planning process & develop ERPs, arrange & maintain record of fire & other emergency mock up drills.
- Incident reporting and investigation along with safety induction orientation to prevent similar incident from happening again.

## Working Experience

### Health & Safety Officer at EFFICO ARABTEC LLC. Dubai, UAE

January 2017 - March 2017

## Roles & Responsibilities

- Promoting positive health and safety culture.
- Hazard Identification on site & preparation of Risk Assessment.
- HSE trainings to newly hired staff & maintain the training records with PPE Issuance Register.
- Attend monthly on site contractor's safety meetings & briefings.
- Implementation of Permit to Work system, HSE Plan, Emergency Arrangements, Environmental Monitoring & Waste Disposal Plan.
- Inspecting the firefighting equipment regularly and ensure that tags are displayed & updated & fireman is assigned.
- Maintain an updated backup file of hazardous chemicals/ materials and Material Safety Data Sheet (MSDS).

## USG Junior Safety &

### USG Group, L.L.C.

January 2015 - December 2016

## Security Officer

(At ADNOC HQ), Abu Dhabi, UAE.

### Job Responsibilities

- Hazard identification, monitoring unsafe act & unsafe condition & implementation of control measures.
- Ensure all contractors, sub contractors & visitors are inducted prior to enter the site.
- Conduct daily & weekly tool box talk for all contractors & subcontractors for all activities related to their scope of work.
- Ensure all Power tools used by workers at workplace are inspected by competent person.
- Ensure all Power tools & hand tools are color coded.
- Ensure all Heavy equipments & Operators are approved 3<sup>rd</sup> Party certified with valid certification.
- Make proper arrangements of storage materials and separate workshops Steel Yard, Wood Cutting area & hot work area.
- Implement Permit systems.
- Arrange proper pedestrian walk ways.
- Provided all welfare facilities at site Drinking water, Toilets, Rest area, Mosque, First Aid Facilities & Designated Smoking areas.
- Daily site safety inspections including housekeeping, PPE, Fire points, Hot work & Cold work permit, working platforms, welfare facilities and taking necessary actions.
- Risk assessment & hazard control.
- Attending safety and operational meetings.
- Ensuring all safety precautions is always taken.
- Preparing of weekly, monthly, yearly reports.
- Inspection on scaffolding.
- To ensure all necessary safety precaution in job site.
- Always remember company policy.
- Making sure of the barricade of excavation with hazard signboards and proper fencing the area.
- Ensure that all visitors are registered, inducted and escorted whilst at site.
- Identify and control all kinds of hazards.
- Organize, arrange and coordinate safety meetings.
- Accident/Incident/Near Miss management and reporting.
- Identify and manage occupational risk and hazards
- Ensure proper use of PPE whilst at site
- Inspect facilities, machinery and safety equipment ensuring safety regulation compliance
- Review employee safety programs to determine their adequacy.

## Science & English Teacher

Science & English Teacher  
Peshawar, Model School, Pakistan  
Job Responsibilities:

June 2008 - December 2012

- Create daily lesson plans and learning activities for students based on national, local and school standards in science education and research and knowledge of developmental behaviors.
- Deliver high-quality, engaging instruction in the form of discussion, direct teaching, demonstrations and independent practice using a variety of proven methods.
- Evaluate student performance on tasks established by the standards using different methods such as observation, performance-based tasks or other standard test practices.
- Maintain a safe, orderly and supportive classroom by modeling expected behavior and standards, promoting positive interactions and quickly addressing behaviors that are not in line with the school discipline plan.
- Communicate with parents regarding student progress, potential and behavior periodically through electronic means and at parent and teacher conferences.
- Improve skills and knowledge in teaching by regularly taking classes, attending workshops and discovering new methods of delivering exciting content to students.

- OHS Level 6 NEBOSH International Diploma
- NEBOSH International General Certificate in Health & Safety
- SARS – Safety Advisor Registration Scheme, Government of Dubai (Trakhees)
- Approved trainer from the Ministry of Interior, Abu Dhabi
- IOSH Managing Safely Version IV
- OSHAD Registered, Abu Dhabi, UAE
- Occupational Safety and Health Advance Diploma.
- Fire Safety Training Level- I (Dubai Civil Defense Approved)
- Highfield Level 3 International Award in Delivering Training.
- Basic First Aid Training (DCAS Approved)
- Lifting Supervisor Training
- Occupational Safety and Health Advanced Diploma from IASP.
- Scaffolding Inspector Training
- Level- II Award in Environmental Principles & Best Practice (Chartered Institute of Environmental Health)
- Abu Dhabi Occupational Health & Safety Practitioners Course (Al Jazeera Institute of Science & Technology, Abu Dhabi)
- Manual Handling Operations Awareness Course
- The COSHH Manager Certificate
- The COSHH Risk Assessor Certificate
- Slip, Trip & Falls Awareness Course

**Seminars:**

- ISO 45001: 2018 Requirements and Audit Cycle.
- How to conduct QMS Auditing Effectively as per 9001: 2015 and ISO 19011: 2018.
- Effects of Disputes between Contractors and Sub Contractors.
- Working during summer.

**Training & Seminars**

**Education**

**Bachelor's Degree in Mathematics & Physics**  
University of Peshawar, Pakistan.

**2008-2011**

**Intermediate (FSC) & Matriculation**  
BISE, Peshawar, Pakistan

**2008, 2006**

**Technical Skills**

- MS Office, Windows, Net Browsing, E-mail etc.
- Risk Assessment
- Hazard Analysis
- HSE Audit

**Certifications, Trainings, Membership, Recognitions**

	<ul style="list-style-type: none"><li>■ Incident Investigation</li><li>■ Technical Writing</li></ul>
<b>Computer Skills</b>	<ul style="list-style-type: none"><li>■ MS Office, Windows, Net Browsing, E-mail etc.</li></ul>
<b>Language Known</b>	<ul style="list-style-type: none"><li>■ English, Arabic, Urdu, Pashto, Basic Chinese.</li></ul>
<b>Personal Details</b>	<p>Father Name: Pazir Muhammad Marital Status: Married Passport No: ZX11612 VISA Status: Employment Visa (Health &amp; Safety Engineer)</p>

\*References can be furnished, if required.