

CURRICULUM VITAE

Abdul Rehman

M.B.A, MECHANICAL ENGINEER, NEBOSH IGC, IOSH MANAGING SAFELY V5.0

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Location: Madina, KSA

Ready to Join Immediately

Iqama status: Transferable



CAREER OBJECTIVE

To offer myself as a Competent Safety Management Professional in a competitive and challenging environment where I can contribute my potential ability to the organization's growth and success with the best of my ability and knowledge. Having demonstrated expertise and experience in Health, Safety, and Environment Management.

KEY RESPONSIBILITIES

Abdul Ali Al Ajmi & CR18 (JVC) – Madina, KSA

FEB 2024 – Present

Designation: HSE Deputy Manager

Project: Main Infrastructure Package (North & South) Rua Al Madinah

Company: JVC (Abdul Ali Al-Ajmi & CRCC18G)

Consultant: Parsons and WSP

Client: Rua Al Madinah

- Prepared and submit Project Safety, Health, and Environmental Plan (PSHEP).
- Creation, implementation, and monitoring of the HSE Management system.
- Prepared HSE plans to ensure compliance with HSE policies, standards, and procedures.
- Preparation, amendment, revision, communication, and compliance evaluation of Risk Assessment and ensure that all risks are identified and prepare appropriate risk management plan.
- Conduct in-house training for workers and staff.
- Conduct (internal, kick off, management, progress and HSE performance) meetings.
- Defined HSE Objectives and develop strategies to achieve targets.
- Generated and implemented relevant HSE standards and procedures.
- Conducted regular inspections and audits.
- Ensured that the facilities are being driven according to the best HSE standard to achieve the best score in external audits (ISO-45001, Clients) by establishing, maintaining, implementing, and improving the HSE Management System and its Segment subsets.
- Focusing on the target achievement of reducing accidents year on year towards the goal of Zero accidents.

- Developed and conducted HSE awareness of the Facility Management team to keep their knowledge up-to-date and Assist line managers to improve HSE management system.
- Monitored HSE Performance by communications and regular visits.
- Managed welfare facilities (Camps)
- Ensured fit for purpose equipment are being utilized for the processes and reported variations and recommended to adopt switch with latest technologies. Based on user manual and legislations I created SOPs for the new equipment and conducted safety and skill-based trainings to ensure safe operations.
- Accident and incidents record revision, and participation in incident investigations.
- Presented HSE surveillance to the higher management.
- Reporting procedures for accidents and near misses, conduct investigations to find the root causes and prevent accidents or near miss happening again.
- Prepared and submit weekly statistical reports including the updated list of TUV and SAG licenses.
- Prepared weekly safety presentation discusses during weekly HSE meeting.
- Conduct safety induction to all subcontractor's staff, and new JVC staff.
- Collect and submit safety officer site observations.
- Prepared matrix training schedule.
- Conduct walkthroughs with the client and all safety staff.
- Prepared weekly toolbox topics.
- Monitor that an adequate program of training for health and safety is established and that the safety culture is encouraged amongst employees.
- Collect and submit near-miss reports.
- Prepared and submitted closeout report for NCR and SOR
- Attending progress meetings.

Al Ajmi Company – Madina, KSA

JULY 2023 – JAN 2024

Designation: HSE Engineer

Project: Main Infrastructure Package (North & South) Rua Al Madinah

Company: JVC (Abdul Ali Al-Ajmi & CRCC18G)

Consultant: Parsons and WSP

Client: Rua Al Madinah

- Conducting training and Toolbox talks of the workers, supervisors, and other employees to promote the HSE culture in the company.
- Analyzing and approving work permits through the PTW system.
- Overseeing the development and implementation of health and safety policy as per client standards.
- Conduct weekly management walkthroughs with contractors and sub-contractors to identify the hazard and immediate action to eliminate or isolate it.
- Conduct weekly safety meetings with contractors and sub-contractors.
- To ensure the suitable PPEs.
- To check the equipment checklist.
- To ensure the housekeeping at the site.
- Making weekly, monthly, quarterly, and yearly HSE statistics reports.
- Monitor and update the HSE risks register and ensure all mitigation plans are strictly adhered to throughout the project execution.

- Ensure implementation of the Safety and Health Plan and make aware employees about the importance of a health and safety culture.

AMC – Madina, KSA

NOV 2022 – JUN 2023

Designation: HSE Engineer

Project: Commercial Construction (shopping malls and high-rise buildings)

- Conduct training of the workers, supervisors, and other employees to promote the HSE culture in the company.
- Conduct Inspections and audits of Stores, Workshops, and labor camps to monitor the HSE performance.
- Make the new Health, Safety & Environment management system including the HSE Policy, manual, Environment Policy, and manual.
- Analyzing and approving work permits through the PTW system.
- Making weekly, monthly, quarterly, and yearly HSE statistics reports.
- Monitor and update the HSE risks register and ensure all mitigation plans are strictly adhered to throughout the project execution.
- Ensure implementation of the Site's Safety and Health Plan and make employees aware of the importance of a health and safety culture.
- Ensure that the project is executed in compliance with HSE Management Plan, HSE Management Procedure, and Potential Risk Mitigation Plan.

G3 ENGINEERING COMPANY, Pakistan

OCT 2018 – SEP 2022

Designation: HSE Officer

Project: 132kv Grid Station (Pakistan)

Client: HYDERABAD ELECTRIC SUPPLY COMPANY (HESCO)

- Responsible for monitoring and assessing hazardous and unsafe situations.
- Correct unsafe acts or conditions through the regular line of authority.
- Participate in planning meetings to identify any health and safety concerns inherent in the operations work plan.
- Ensure preparation and implementation of the Site Safety and Health Plan.
- Analyzing and approving work permits through the PTW system.
- Inspected sites to ensure it is a hazard-free environment.
- Trained and carried out drills and exercises on how to manage emergency situations.
- Monitor and update the HSE risks register and ensure all mitigation plans are strictly adhered to throughout the project execution.
- Develop training schedules as per site requirements and coordinate project management for execution.
- Ensure that the project is completed in compliance with the HSE Management Plan, HSE Management Procedure, and Potential Risk Mitigation Plan.

Designation: HSE Officer

Project: 132kv Grid Station (Pakistan)

Client: HYDERABAD ELECTRIC SUPPLY COMPANY (HESCO)

- Responsible for monitoring and assessing hazardous and unsafe situations.
- Correct unsafe acts or conditions through the regular line of authority.
- Participate in planning meetings to identify any health and safety concerns inherent in the operations work plan.
- Ensure preparation and implementation of the Site Safety and Health Plan.
- Analyzing and approving work permits through the PTW system.
- Inspected sites to ensure it is a hazard-free environment.
- Trained and carried out drills and exercises on how to manage emergency situations.
- Monitor and update the HSE risks register and ensure all mitigation plans are strictly adhered to throughout the project execution.
- Develop training schedules as per site requirements and coordinate project management for execution.
- Ensure the project is executed in compliance with the HSE Management Plan, HSE Management Procedure, and Potential Risk Mitigation Plan.

QUALIFICATIONS AND CERTIFICATIONS

ACADEMIC & PROFESSIONAL

Degree/certificate	Institution
M.B.A (Master's in Business Administration)	UOS – University of Sindh, Jamshoro - Pakistan
Bachelor of Engineering – Mechanical Engineering	MUET – Mehran University of Engineering and Technology - PAKISTAN

CERTIFICATIONS & TRAININGS

- NEBOSH [UK]
- IOSH [UK] – Managing Safely V5.0
- OSHA 30 HOURS.
- Professional Communication and Soft Skills Improvement
- Proficiency in using Microsoft Office
- Valid registration with the Pakistan Engineering Council bearing ID # MECH/44955



Mehran University of Engineering and Technology

It is hereby certified that Mr./Ms. Abdul Rehman

S/o. D/o Waseem Akhtar Surname Memon

after having satisfied all the conditions prescribed by the University has been
duly awarded the degree of **Bachelor of Engineering** in the
discipline of Mechanical Engineering.

He/She has secured 2.39 CGPA/Division in the final
examination held in August, 2019.

A handwritten signature in black ink, appearing to read "Alvi".

Controller of Examinations

A handwritten signature in black ink, appearing to read "L".

Registrar

A handwritten signature in black ink, appearing to read "J".

Vice Chancellor



Jamshoro, Sindh-Pakistan.

Dated the 06th January, 2020

