

# C U R R I C U L U M V I T A E

## Abdul Rehman

M.B.A, MECHANICAL ENGINEER, NEBOSH IGC, IOSH MANAGING SAFELY V5.0

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Phone: +966 508223556

Location: Madina, KSA

**Ready to Join Immediately**

Iqama status: Transferable



### CAREER OBJECTIVE

To offer myself as a Competent Safety Management Professional in a competitive and challenging environment where I can contribute my potential ability to the organization's growth and success with the best of my ability and knowledge. Having demonstrated expertise and experience in Health, Safety, and Environment Management.

### KEY RESPONSIBILITIES

Abdul Ali Al Ajmi & CR18 (JVC) – Madina, KSA

FEB 2024 – Present

**Designation:** HSE Deputy Manager

**Project:** Main Infrastructure Package (North & South) Rua Al Madinah

**Company:** JVC (Abdul Ali Al-Ajmi & CRCC18G)

**Consultant:** Parsons and WSP

**Client:** Rua Al Madinah

- Prepared and submit Project Safety, Health, and Environmental Plan (PSHEP).
- Creation, implementation, and monitoring of the HSE Management system.
- Prepared HSE plans to ensure compliance with HSE policies, standards, and procedures.
- Preparation, amendment, revision, communication, and compliance evaluation of Risk Assessment and ensure that all risks are identified and prepare appropriate risk management plan.
- Conduct in-house training for workers and staff.
- Conduct (internal, kick off, management, progress and HSE performance) meetings.
- Defined HSE Objectives and develop strategies to achieve targets.
- Generated and implemented relevant HSE standards and procedures.
- Conducted regular inspections and audits.
- Ensured that the facilities are being driven according to the best HSE standard to achieve the best score in external audits (ISO-45001, Clients) by establishing, maintaining, implementing, and improving the HSE Management System and its Segment subsets.
- Focusing on the target achievement of reducing accidents year on year towards the goal of Zero accidents.

- Developed and conducted HSE awareness of the Facility Management team to keep their knowledge up-to-date and Assist line managers to improve HSE management system.
- Monitored HSE Performance by communications and regular visits.
- Managed welfare facilities (Camps)
- Ensured fit for purpose equipment are being utilized for the processes and reported variations and recommended to adopt switch with latest technologies. Based on user manual and legislations I created SOPs for the new equipment and conducted safety and skill-based trainings to ensure safe operations.
- Accident and incidents record revision, and participation in incident investigations.
- Presented HSE surveillance to the higher management.
- Reporting procedures for accidents and near misses, conduct investigations to find the root causes and prevent accidents or near miss happening again.
- Prepared and submit weekly statistical reports including the updated list of TUV and SAG licenses.
- Prepared weekly safety presentation discusses during weekly HSE meeting.
- Conduct safety induction to all subcontractor's staff, and new JVC staff.
- Collect and submit safety officer site observations.
- Prepared matrix training schedule.
- Conduct walkthroughs with the client and all safety staff.
- Prepared weekly toolbox topics.
- Monitor that an adequate program of training for health and safety is established and that the safety culture is encouraged amongst employees.
- Collect and submit near-miss reports.
- Prepared and submitted closeout report for NCR and SOR
- Attending progress meetings.

**Al Ajmi Company – Madina, KSA**

**JULY 2023 – JAN 2024**

**Designation:** HSE Engineer

**Project:** Main Infrastructure Package (North & South) Rua Al Madinah

**Company:** JVC (Abdul Ali Al-Ajmi & CRCC18G)

**Consultant:** Parsons and WSP

**Client:** Rua Al Madinah

- Conducting training and Toolbox talks of the workers, supervisors, and other employees to promote the HSE culture in the company.
- Analyzing and approving work permits through the PTW system.
- Overseeing the development and implementation of health and safety policy as per client standards.
- Conduct weekly management walkthroughs with contractors and sub-contractors to identify the hazard and immediate action to eliminate or isolate it.
- Conduct weekly safety meetings with contractors and sub-contractors.
- To ensure the suitable PPEs.
- To check the equipment checklist.
- To ensure the housekeeping at the site.
- Making weekly, monthly, quarterly, and yearly HSE statistics reports.
- Monitor and update the HSE risks register and ensure all mitigation plans are strictly adhered to throughout the project execution.

- Ensure implementation of the Safety and Health Plan and make aware employees about the importance of a health and safety culture.

#### AMC – Madina, KSA

NOV 2022 – JUN 2023

**Designation:** HSE Engineer

**Project:** Commercial Construction (shopping malls and high-rise buildings)

- Conduct training of the workers, supervisors, and other employees to promote the HSE culture in the company.
- Conduct Inspections and audits of Stores, Workshops, and labor camps to monitor the HSE performance.
- Make the new Health, Safety & Environment management system including the HSE Policy, manual, Environment Policy, and manual.
- Analyzing and approving work permits through the PTW system.
- Making weekly, monthly, quarterly, and yearly HSE statistics reports.
- Monitor and update the HSE risks register and ensure all mitigation plans are strictly adhered to throughout the project execution.
- Ensure implementation of the Site's Safety and Health Plan and make employees aware of the importance of a health and safety culture.
- Ensure that the project is executed in compliance with HSE Management Plan, HSE Management Procedure, and Potential Risk Mitigation Plan.

#### G3 ENGINEERING COMPANY, Pakistan

OCT 2018 – SEP 2022

**Designation:** HSE Officer

**Project:** 132kv Grid Station (Pakistan)

**Client:** HYDERABAD ELECTRIC SUPPLY COMPANY (HESCO)

- Responsible for monitoring and assessing hazardous and unsafe situations.
- Correct unsafe acts or conditions through the regular line of authority.
- Participate in planning meetings to identify any health and safety concerns inherent in the operations work plan.
- Ensure preparation and implementation of the Site Safety and Health Plan.
- Analyzing and approving work permits through the PTW system.
- Inspected sites to ensure it is a hazard-free environment.
- Trained and carried out drills and exercises on how to manage emergency situations.
- Monitor and update the HSE risks register and ensure all mitigation plans are strictly adhered to throughout the project execution.
- Develop training schedules as per site requirements and coordinate project management for execution.
- Ensure that the project is completed in compliance with the HSE Management Plan, HSE Management Procedure, and Potential Risk Mitigation Plan.

**Designation:** HSE Officer

**Project:** 132kv Grid Station (Pakistan)

**Client:** HYDERABAD ELECTRIC SUPPLY COMPANY (HESCO)

- Responsible for monitoring and assessing hazardous and unsafe situations.
- Correct unsafe acts or conditions through the regular line of authority.
- Participate in planning meetings to identify any health and safety concerns inherent in the operations work plan.
- Ensure preparation and implementation of the Site Safety and Health Plan.
- Analyzing and approving work permits through the PTW system.
- Inspected sites to ensure it is a hazard-free environment.
- Trained and carried out drills and exercises on how to manage emergency situations.
- Monitor and update the HSE risks register and ensure all mitigation plans are strictly adhered to throughout the project execution.
- Develop training schedules as per site requirements and coordinate project management for execution.
- Ensure the project is executed in compliance with the HSE Management Plan, HSE Management Procedure, and Potential Risk Mitigation Plan.

## QUALIFICATIONS AND CERTIFICATIONS

### ACADEMIC & PROFESSIONAL

Degree/certificate	Institution
M.B.A (Master's in Business Administration)	UOS – University of Sindh, Jamshoro - Pakistan
Bachelor of Engineering – Mechanical Engineering	MUET – Mehran University of Engineering and Technology - PAKISTAN

### CERTIFICATIONS & TRAININGS

- NEBOSH [UK]
- IOSH [UK] – Managing Safely V5.0
- OSHA 30 HOURS.
- Professional Communication and Soft Skills Improvement
- Proficiency in using Microsoft Office
- Valid registration with the Pakistan Engineering Council bearing ID # MECH/44955





# Mehran University of Engineering and Technology

It is hereby certified that Mr./Ms. Abdul Rehman

S/o. D/o Waseem Akhtar Surname Memon

after having satisfied all the conditions prescribed by the University has been  
duly awarded the degree of **Bachelor of Engineering** in the  
discipline of Mechanical Engineering.

He/She has secured 2.39 CGPA/Division in the final  
examination held in August, 2019.

Controller of Examinations

Registrar

Vice Chancellor





