



# MUHAMMAD IDREES KHAN

(HSE OFFICER / PERMIT COORDINATOR)

## CONTACT:

**ADDRESS:** Ras Lafan Industrial City  
Qatar

**PERMANENT ADDRESS:**

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Khalabat Town Ship, Haripur  
Pakistan

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## WEBSITES,PORTFOLIOS,PROFILES

<https://www.linkedin.com/in/muhammad-idrees-khan-hse-officer-nebosh-igc-5a7b8591>

• **Education:**

**GRADUATION:** UNIVERSITY OF  
PESHAWER

- **3 YEARS DIPLOMA IN HEALTH AND SAFETY:** PAKISTAN TECHNICAL AND EDUCATIONAL COUNCIL, ISLAMABAD, PAKISTAN.

## Certifications:

- **NEBOSH** International General Certificate in Occupational Health and Safety.
- **IOSH** Managing Safely (Wanco Services)
- Introduction to Safety Management (**OSHAcademy**)
- **Fire Prevention and Safety Officer-** Industries (NIFTECH, Islamabad).
- **ISO 14001** Environmental Management Systems (APO Japan).
- **Authorized Gas Tester** (TUV SUD Middle East)
- **Trolley with Flite Breathing Apparatus** (ADNOC LNG Training Centre DAS ISLAND)
- **SCBA Breathing Apparatus** (ADNOC LNG Training Centre DAS ISLAND)
- **HSE Orientation** (NTI , Muscat Oman)

## PROFESSIONAL SUMMARY:

Highly talented "Health Safety & Environmental Management" professional with extensive experience ensuring compliance with the HSE rules, regulations & standards in the OIL & GAS Sector. Interact effectively with individuals at all levels, fostering a spirit of cooperation and respect, soliciting ideas and opinions of others, and utilizing input on key issues. Proven ability to coordinate and implement programs related to health, Safety & Environment standards compliance.

## SKILLS:

- Safe Work Practices
- Hazard Reviews
- Corrective Actions
- Incident Investigation
- Hazard Identification
- Team work
- Work place inspections
- Risk assessment
- Job safety analysis (JSA)
- Self-motivated
- Inspect Workplaces
- New Employee Orientation
- Emergency Preparedness
- Safety Training
- Check Equipment
- Permit to work
- Training & new employees orientation
- Site Auditing
- Planning and coordination

## WORK HISTORY:

**September 2019 - Current**

### **EHS Officer/Permit Coordinator, INCO Group Of Companies,**

Working with INCO Group of Companies as EHS Officer/Permit Coordinator on the projects below.

- a) Sulfur Facilities for the North Field Expansion (NFXP) project EPC 4 (QATAR) (**CONTRACTOR TECNICAS REUNIDAS & WISON JV, CLIENT QATAR ENERGY**)
- b) Duqm Refinery Project (OMAN) for construction of Duqm Refinery in process Units and Hydrocracker Unit. (**CONTRACTOR TECNICAS REUNIDAS & DAEWOO JV, CLIENT OQ**).
- c) Salalah Ammonia Project (OMAN) for construction of Ammonia Plant (**CONTRACTOR SNC LAVALIN, CLIENT OQ**)
- Managing the Construction & Commissioning PTW system according to client procedures.
- Ensure all permit submissions are screened prior to issue for accuracy and completeness.
- Examined all permit submissions for potential conflicts and provide guidance for SIMOPS and priorities.
- Reviews Risk Assessment's, Method Statements & JHA for worksites / permits.
- Regular monitoring / auditing / reviewing of PTW system to ensure

- **H2s Awareness & Escape** (NTI, Muscat Oman)
- **Heart saver First AID CPR AED** (NTI, Muscat Oman)
- **Fire Control** (POL Attock)
- **H2S Safety** (POL Attock)
- **Permit to Work System**

**languages:**

- English
- Urdu
- Hindi
- Hindko
- Punjabi

it is implemented and maintained effectively.

- Reports on PTW compliance, and participates in PTW Monitoring and Assessments on frequent basis.
- Organizing all PTW office records.
- Cooperates closely with Field HSSE, Emergency Response and Security Teams.
- Interface with Safety Representative of the Client and Safety Inspector to ensure a good relationship and communication on HSE matters.
- HSE reporting and participation, leading investigations of accidents/incidents.
- Advice and assist the senior construction site representative in the establishment and management of safety programs, identifying, and eliminating, controlling any hazards to persons and property.
- Conduct audits and inspect the job site to detect and correct safety hazards.
- Provide oversight to the new hire safety orientation process and other safety related trainings.
- Preparation of signage for site as and when required.

**November 2018 - August 2019**

**HSE Officer, *Albario Engineering Pvt Ltd*, Pak Arab Pipe Line Company Pakistan**

- Worked with Leading EPC Contractor Al-Bario Engineering (Pvt) Ltd as HSE Officer on Oil and Gas Project. Client DESCON/PARCO for the construction of HSD and firewater storage tanks in "Brown Field" and "Green Field".
- Directly reporting to Project Manager for any matter related to HSE.
- Preparation of JSA's and Risk Assessment prior to outset of activities.
- Conducting HSE Inductions and Trainings of the Managers, Engineers, Supervisors and officers.
- Deployment and Mobilization of Safety Assistant/Whole Watcher based on site requirements.
- Day to Day monitoring of site activities and implementation of "Brown Field", "Green Field" protocols in accordance with the client and company SOP's.
- Conducting daily TBT with Line Supervisors, HSE Officers and weekly TBT with client involving whole workforce.
- Maintaining HSE Documentation records and Competency Register.

**March 2018 - March 2018**

**Emdad Services LLC, *Safety Technician*, Adnoc Das Island Shutdown Abu Dhabi**

- Effective Implementation of HSE Policy of client ADGAS & contractor Ms. EMDAD Services LLC.
- Ensure to provide HSE Orientation for the new employees in co-ordination with Learning & development Centre ADGAS
- Strict monitoring & supervision of H<sub>2</sub>S zones and flammable gases zones requirements as per ADNOC & ADGAS procedures.
- Arrangements of all facilities & equipment's (Safety shelter, safety store, water stations, wash rooms, emergency shower, eye wash station, first aid kits, emergency escape set, toxic clips, SCBA, BA Trolleys, fire extinguishers) as per client ADGAS approved map.
- Effective implementation of PTW System as per ADGAS requirements & procedures.
- Ensured compliance to all determined standards of ADNOC for all HSE activities.

- Conducting Tool Box Talk & Safety Awareness meetings on Daily & weekly basis with employees and client.
- Arrangement & management of Safety Signage's, zones and Marshalling points Maps at designates spots as per client ADGAS requirements.
- Effective monitoring & supervision of erection & dismantling of scaffoldings with Cape East Limited WLL UAE, sub-contractor. Supervision of spading de spading, confined space entry, working at height, waste management, and hazardous material handling with EMDAD Services.

**November 2015 - September 2017**

**Safety Officer, *Hamood Al Rashidi & Bro Trad Co LLC*,**  
Muscat Oman

Worked as Safety Officer in Hamood Al-Rashidi & Bro. Trad Co. LLC.  
Muscat Oman.

- Planning and execution of detailed safety inspection of equipment and working practices.
- Ensures that Company's safety policies and procedures are adhered to, highlights violations, and recommends changes to existing practices.
- Investigation of accidents/incidents, determines root causes and measures necessary to prevent a recurrence in line with the Company's accident investigation and reporting procedure.
- Development and execution of regular emergency response training programs in both class and emergency response drills to all field and drilling sites based personnel according to Company training schedules.
- Responsible for implementation of "Permit to Work" system. Daily Toolbox through TRIC Card System.
- Formulated HSE inspection checklists to meet requirements.
- Inspection of miscellaneous item related to emergency i.e. fire extinguisher, H2s Detectors etc.
- Preparation of HSE Statistic – Monthly Return / Monthly HSE Report.
- A hand on experience of working safely in High H2S environment, and training of personnel has to work in hazardous gas environment.

**September 2006 - December 2012**

**HSE Officer, *Pakistan Oil Feild Ltd* , Attock, Pakistan**

- Worked as HSE Officer at Meyal Oil Field, Pakistan Oil Fields and assist HSE Engineer in all HSE related issues.
- Planning and execution of detailed safety inspection/ audits of all field locations, facilities, equipment and working practices.
- Ensures that Company's safety policies and procedures are adhered to, highlights violations, and recommends changes to existing practices.
- Investigation of accidents/incidents, determines root causes and measures necessary to prevent a recurrence in line with the Company's accident investigation and reporting procedure.
- Development and execution of regular emergency response training programs in both class and emergency response drills to all field and drilling sites based personnel according to Company training schedules.
- Developed emergency response procedures based on different emergency scenarios.
- Planning and supervision of the regular inspection and testing of all fixed firefighting equipment e.g. fire pumps, mains, trucks, extinguishers, hoses and fire protection/detection systems and other

auxiliary equipment such as SCBA, SABA, Cascade System, (fixed and portable) gas monitoring system.

- Responsible for implementation of “Permit to Work” system.
- Formulated HSE inspection checklists to meet requirements.
- Participate in Risk Assessment preparation and ensure recommended safeguards are implemented and performing teams are in full awareness and adhering to the risk assessment terms & conditions.
- Strong working knowledge of HSE practices during confined space entry, working at height, hot jobs, Excavation, leaky crude / gas line repairing and crane jobs.
- Successfully involved in the Safe executions of the “Annual Turn Around” (ATA) job.

**PERSONAL INFORMATION**

**Date of Birth :** 24-12-1986

**CNIC# :** 13302-9204154-7

**Passport #** UM4111543

**Nationality:** Pakistani

**Permanent Address:** House#277, Street #3, Sector# 2, Khalabat Town Ship, Haripur Pakistan

**Material Status:** Married

**Religion:** Islam

**Interest:** Music, Hiking, Reading, Sports.

**Vaccination Status:** PfiZer /BioNTech (Both Dozed with Booster)