

## **MUHAMMAD AMANULLAH**

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### **SR. HSE OFFICER**

Contact No.: +97455768384 / +923226904644

Email: Amansheikh0090@gmail.com

Driving License Qatar: Car (Manual/Auto)



### **Objective:**

**HSE Supervisor** with over **13 years of experience** in **Qatar's oil & gas and petrochemical industry**. Proven success in executing HSE programs on major **projects, plant maintenance, and turnaround/shutdown operations** at **QAPCO, QAFCO, and QP**. Skilled in **Permit to Work (PTW) systems, hazard identification and analysis, risk assessment, incident investigation, and emergency response**. Holder of **NEBOSH, IOSH, OSHA**, and a valid **Qatar driving license**.

### **Educational Qualification:**

- Graduate – Punjab University Lahore - 2013

### **Professional Qualifications**

- **NEBOSH IGC**

The National Examination Board in Occupational Safety and Health  
(DISS. Doha Industrial Safety Services)

- **IOSH Managing Safety**

Institute of Occupational Safety and Health

- **OSHA**

Occupational Safety and Health Administration

- **AIRCA**

Accident Investigation and Root Cause Analysis

- **HSE INSPECTOR**

Diploma in HSE Inspector A+

- **HABC FIRE SAFETY**

International Award in Fire Safety

- **FIRST AID FOR LIFE**

## C-LINE to save lives: Communicating your emergency

(Mohammed Bin Rashid University of medicine and Health sciences-MBRU) (UAE)

- **COVID-19 Infection**

Let's break the chain of COVID-19 Infection

(Mohammed Bin Rashid University of medicine and Health sciences-MBRU) (UAE)

- **Basic Life Support & First AID**

Enertech International Training Centre Doha, Qatar.

### **ACHIEVEMENTS**

- Awarded for achievement **6 million LTI-free manhours** -- execution of QAPCO QVC PVC Project (2025)
- Recognized for successful execution of **QAPCO Steam Boiler Project 2024**
- Contributed to **3 million LTI-free manhours** -- QAPCO HRSG Project 2024
- APPRECIATION QAPCO Vinyl turnaround TA 2023
- APPRECIATION QAPCO Mega turnaround TA 2021
- APPRECIATION QAFCO 5 shutdown 2018
- APPRECIATION QAFCO 2 shutdown 2018
- APPRECIATION QAFCO 4 shutdown 2016
- APPRECIATION QP-NGL 2016
- Supervisor Skills Development Quality and HSE

### **TRAININGS**

- Lead Executor Training (Qatar Petro chemical)
- PTW training (Qatar petroleum)
- CPW training (Qatar Petroleum)
- PTW training (Qatar fertilizer company)
- Basic Life Support & First AID TRAININGS, Non-Destructive Examination (NDE Awareness)
- Environmental Awareness
- Observation card
- Confined space safety
- Electrical safety
- HOT work safety
- Lifting &Rigging operation awareness
- Risk Assessments
- Safe system of work
- Material safety data sheet (MSDS)
- Manual Handling
- Work at Height
- Emergency Response
- hydrogenSulphideH2S

- Pressure & Leak Testing
- Nut Bolts & Joint Integrity
- authorized gas tester
- Food Allergy

### **Employment History - 13+ years' Experience**

#### **CURRENTLY WORKING WITH QATAR PETRO CHEMICAL COMPANY (QAPCO)**

- **HSE SUPERVISOR (PMT)** June 2022 – Continue\*
   
(Sponsorship: Mekdam Holding Group)

#### **WORKED WITH QATAR PETRO CHEMICAL COMPANY (QAPCO)**

- **HSE SUPERVISOR (PMT)** April 2019 – March 2022
   
(Sponsorship: GPS)

#### **WORKED WITH QATAR PETROLEUME**

- **LEAD HSE coordinator** (February 2016 – March 2019)
   
(Sponsorship: DESCON)

#### **WORKED WITH QATAR FERTILIZER 2016 SHUTDOWN**

- **HSE Coordinator** (October 2016 -- Dec 2016)
   
(Sponsorship: DESCON)

#### **WORKED WITH QATAR PETROLEUME 2016 SHUTDOWN**

- **HSE Coordinator** (February 2016 -- May 2016)
   
(Sponsorship: DESCON)

#### **WORKED WITH QATAR PETROLEUME**

- **HSE Coordinator** (September 2013 – October 2015)
   
(Sponsorship: DESCON)

#### **LITS OF PROJECTS**

- QVC PVC Plant Project – (March 26, 2024, to continue) (QAPCO)
- HRSG (1&2) Heat Recovery steam generation project – (2022 to March 25, 2024) (QAPCO)
- EP1 Refrigeration Machines Replacement – (2019 to 2022) (QAPCO)
- Revamp of wastewater treatment – (2019 to 2022) (QAPCO)

#### **SHUTDOWNS**

- QAPCO QVC Vinyl Turnaround (GSD) (Feb 2023 – March 2023)
- QAPCO Mega Turnaround (GSD) (OCT 2021 – DEC 2021)
- QAFCO TRAIN 2,4,5 SHUTDOWN (2016 & 2018)

#### **NON-SHUTDOWN JOBS (NSD)**

- QP-NGL Plant maintenance & stations (2016 – 2019)

## **Responsibilities**

- Monitored contractor activities to ensure compliance with QAPCO HSE policies, company procedures, and international standards.
- Ensured the physical, mental, and psychological well-being of all personnel on site.
- Protected company assets, the plant, and the environment while preventing damages and losses.
- Ensured safe workplaces, equipment, and work methods free from health risks.
- Communicated HSE policies effectively to all employees and contractors.
- Conducted weekly safety walk-throughs and daily site inspections.
- Took immediate corrective actions and provided recommendations where necessary.
- Prepared daily safety reports, conducted audits, and followed up on findings.
- Implemented incident investigation and reporting systems for OH&S improvements.
- Inspected interior and exterior work areas for environmental and safety hazards.
- Verified equipment, tools, and materials to ensure safe conditions before use.
- Participated quarterly emergency drills to train employees on emergency response.
- Organized motivational programs, safety campaigns, and award schemes.
- Performed hazard and risk assessments (physical, chemical, ergonomic, biological).
- Ensured proper control measures were in place before activity commencement.
- Supervised waste management and ensured compliance with environmental guidelines.
- Inspected confined spaces (vessels, pipelines, manholes) for lighting, ventilation, and safety.
- Supervised piping, machine replacement, scaffolding, and heavy lifting activities.
- Managed issuance and acceptance of Work Permits (PTW).
- Facilitated orientations, toolbox talks, and safety training sessions.
- Promoted HSE awareness through site campaigns and safety promotions.
- Ensured safe chemical storage and proper safety procedures in place.
- Supported HSE compliance in oil & gas operations.
- Conducted comprehensive safety inspections and award programs.
- Developed and implemented safety programs aligned with HSE regulations.
- Ensured mandatory PPE compliance according to work activities.
- Verified safety of equipment and materials before use in tasks.
- Identified hazards and ensured competent supervision for each activity.
- Carried out fire and safety inspections and emergency planning.
- Verified rigging and slinging tools were certified, marked, and color-coded.
- Maintained proper workplace housekeeping and welfare facilities.
- Advised on specialist HSE topics: fire safety, hazardous substances, noise control, machinery guarding, and occupational health.

## **ZAHID FAIZAN printing press Pakistan**

(Part Time) April 2011 to August 2013

## **IT Certifications**

- Confessions of a ChatGPT Novice (Arranged by QAPCO IT Online)
- Confessions from an AI Cybercriminal (Arranged by QAPCO IT Online)
- Generative AI: Intelligent and Dangerous (Arranged by QAPCO IT online)
- AI and Sensitive Info Don't Mix (Arranged by QAPCO IT online)

- AI At Work: Use It Wisely (Arranged by QAPCO IT online)
- Security Awareness Training 2024 (Arranged by QAPCO IT online)
- Computer application (6month)
- Privacy Series: Prevent Identity Theft (Arranged by QAPCO IT online)
- Privacy Series: The Value of Personal Information (Arranged by QAPCO IT)
- Social Media: Staying Secure in a Connected World (Arranged by QAPCO IT)
- Business Conduct Series: Acceptable Use Policy (Arranged by QAPCO IT)
- Data Protection (Arranged by QAPCO IT)
- Security Awareness Training (Arranged by QAPCO IT)
- Security in the workplace (Arranged by QAPCO IT)

### **Skills**

#### ***HSE & Technical Skills***

- Permit to Work (PTW) Systems – QP / QAPCO / QAFCO
- Consolidated Permit to Work (CPW) – Mesaieed Industrial City
- Risk Assessment & Hazard Control
- Incident Investigation & Root Cause Analysis
- Emergency Response Planning
- Waste Management & Environmental Compliance
- Safety Auditing & Site Inspections

#### ***Professional & Management Skills***

- Team Management & Leadership
- Effective Communication
- Organization & Time Management
- Teamwork & Delegation
- Problem Solving & Critical Thinking
- Proactive Decision-Making
- Research & Analytical Skills
- Self-Confidence and Initiative

#### ***IT & Office Skills***

- Microsoft Office Suite (Word, Excel, PowerPoint, Outlook)
- Graphic Designing
- Software & Hardware Troubleshooting
- Data Sharing & Documentation
- Good Typing Speed & Accuracy

### **Personal Detail:**

<b>Date of Birth:</b>	06, June,1990
<b>Nationality:</b>	Pakistani
<b>Marital Status:</b>	Married
<b>Driving License:</b>	Car (Manual/Auto) Qatar
<b>Qatar ID:</b>	29058604465
<b>Passeport No.</b>	DJ1202663
<b>Permanent Address:</b>	Sahiwal, Pakistan.