

MUHAMMAD AMANULLAH

SR. HSE OFFICER

Contact No.: +97455768384 / +923226904644

Email: Amansheikh0090@gmail.com

Driving License Qatar: Car (Manual/Auto)



Objective:

HSE Supervisor with over **13 years of experience** in **Qatar's oil & gas and petrochemical industry**. Proven success in executing HSE programs on major **projects, plant maintenance, and turnaround/shutdown operations** at **QAPCO, QAFCO, and QP**. Skilled in **Permit to Work (PTW) systems, hazard identification and analysis, risk assessment, incident investigation, and emergency response**. Holder of **NEBOSH, IOSH, OSHA**, and a valid **Qatar driving license**.

Educational Qualification:

- Graduate – Punjab University Lahore - 2013

Professional Qualifications

- **NEBOSH IGC**

The National Examination Board in Occupational Safety and Health

(DISS. Doha Industrial Safety Services)

- **IOSH Managing Safety**

Institute of Occupational Safety and Health

- **OSHA**

Occupational Safety and Health Administration

- **AIRCA**

Accident Investigation and Root Cause Analysis

- **HSE INSPECTOR**

Diploma in HSE Inspector A+

- **HABC FIRE SAFETY**

International Award in Fire Safety

- **FIRST AID FOR LIFE**

C-LINE to save lives: Communicating your emergency

(Mohammed Bin Rashid University of medicine and Health sciences-MBRU) (UAE)

- **COVID-19 Infection**

Let's break the chain of COVID-19 Infection

(Mohammed Bin Rashid University of medicine and Health sciences-MBRU) (UAE)

- **Basic Life Support & First AID**

Enertech International Training Centre Doha, Qatar.

ACHIEVEMENTS

- Awarded for achievement **6 million LTI-free manhours** -- execution of QAPCO QVC PVC Project (2025)
- Recognized for successful execution of **QAPCO Steam Boiler Project 2024**
- Contributed to **3 million LTI-free manhours** -- QAPCO HRSG Project 2024
- APPRECIATION **QAPCO Vinyl turnaround TA 2023**
- APPRECIATION **QAPCO Mega turnaround TA 2021**
- APPRECIATION **QAFCO 5 shutdown 2018**
- APPRECIATION **QAFCO 2 shutdown 2018**
- APPRECIATION **QAFCO 4 shutdown 2016**
- APPRECIATION **QP-NGL 2016**
- Supervisor Skills Development Quality and HSE

TRAININGS

- Lead Executor Training (Qatar Petro chemical)
- PTW training (Qatar petroleum)
- CPW training (Qatar Petroleum)
- PTW training (Qatar fertilizer company)
- Basic Life Support & First AID TRAININGS, Non-Destructive Examination (NDE Awareness)
- Environmental Awareness
- Observation card
- Confined space safety
- Electrical safety
- HOT work safety
- Lifting & Rigging operation awareness
- Risk Assessments
- Safe system of work
- Material safety data sheet (MSDS)
- Manual Handling
- Work at Height
- Emergency Response
- hydrogenSulphideH₂S

- Pressure & Leak Testing
- Nut Bolts & Joint Integrity
- authorized gas tester
- Food Allergy

Employment History - 13+ years' Experience

CURRENTLY WORKING WITH QATAR PETRO CHEMICAL COMPANY (QAPCO)

- **HSE SUPERVISOR (PMT) June 2022 – Continue***
(Sponsorship: Mekdam Holding Group)

WORKED WITH QATAR PETRO CHEMICAL COMPANY (QAPCO)

- **HSE SUPERVISOR (PMT) April 2019 – March 2022**
(Sponsorship: GPS)

WORKED WITH QATAR PETROLEUME

- **LEAD HSE coordinator (February 2016 – March 2019)**
(Sponsorship: DESCON)

WORKED WITH QATAR FERTILIZER 2016 SHUTDOWN

- **HSE Coordinator (October 2016 -- Dec 2016)**
(Sponsorship: DESCON)

WORKED WITH QATAR PETROLEUME 2016 SHUTDOWN

- **HSE Coordinator (February 2016 -- May 2016)**
(Sponsorship: DESCON)

WORKED WITH QATAR PETROLEUME

- **HSE Coordinator (September 2013 – October 2015)**
(Sponsorship: DESCON)

LITS OF PROJECTS

- QVC PVC Plant Project – (March 26, 2024, to continue) (QAPCO)
- HRSG (1&2) Heat Recovery steam generation project – (2022 to March 25, 2024) (QAPCO)
- EP1 Refrigeration Machines Replacement – (2019 to 2022) (QAPCO)
- Revamp of wastewater treatment – (2019 to 2022) (QAPCO)

SHUTDOWNS

- QAPCO QVC Vinyl Turnaround (GSD) (Feb 2023 – March 2023)
- QAPCO Mega Turnaround (GSD) (OCT 2021 – DEC 2021)
- QAFCO TRAIN 2,4,5 SHUTDOWN (2016 & 2018)

NON-SHUTDOWN JOBS (NSD)

- QP-NGL Plant maintenance & stations (2016 – 2019)

Responsibilities

- Monitored contractor activities to ensure compliance with QAPCO HSE policies, company procedures, and international standards.
- Ensured the physical, mental, and psychological well-being of all personnel on site.
- Protected company assets, the plant, and the environment while preventing damages and losses.
- Ensured safe workplaces, equipment, and work methods free from health risks.
- Communicated HSE policies effectively to all employees and contractors.
- Conducted weekly safety walk-throughs and daily site inspections.
- Took immediate corrective actions and provided recommendations where necessary.
- Prepared daily safety reports, conducted audits, and followed up on findings.
- Implemented incident investigation and reporting systems for OH&S improvements.
- Inspected interior and exterior work areas for environmental and safety hazards.
- Verified equipment, tools, and materials to ensure safe conditions before use.
- Participated quarterly emergency drills to train employees on emergency response.
- Organized motivational programs, safety campaigns, and award schemes.
- Performed hazard and risk assessments (physical, chemical, ergonomic, biological).
- Ensured proper control measures were in place before activity commencement.
- Supervised waste management and ensured compliance with environmental guidelines.
- Inspected confined spaces (vessels, pipelines, manholes) for lighting, ventilation, and safety.
- Supervised piping, machine replacement, scaffolding, and heavy lifting activities.
- Managed issuance and acceptance of Work Permits (PTW).
- Facilitated orientations, toolbox talks, and safety training sessions.
- Promoted HSE awareness through site campaigns and safety promotions.
- Ensured safe chemical storage and proper safety procedures in place.
- Supported HSE compliance in oil & gas operations.
- Conducted comprehensive safety inspections and award programs.
- Developed and implemented safety programs aligned with HSE regulations.
- Ensured mandatory PPE compliance according to work activities.
- Verified safety of equipment and materials before use in tasks.
- Identified hazards and ensured competent supervision for each activity.
- Carried out fire and safety inspections and emergency planning.
- Verified rigging and slinging tools were certified, marked, and color-coded.
- Maintained proper workplace housekeeping and welfare facilities.
- Advised on specialist HSE topics: fire safety, hazardous substances, noise control, machinery guarding, and occupational health.

ZAHID FAIZAN printing press Pakistan

(Part Time) April 2011 to August 2013

IT Certifications

- Confessions of a ChatGPT Novice (Arranged by QAPCO IT Online)
- Confessions from an AI Cybercriminal (Arranged by QAPCO IT Online)
- Generative AI: Intelligent and Dangerous (Arranged by QAPCO IT online)
- AI and Sensitive Info Don't Mix (Arranged by QAPCO IT online)

- AI At Work: Use It Wisely (Arranged by QAPCO IT online)
- Security Awareness Training 2024 (Arranged by QAPCO IT online)
- Computer application (6month)
- Privacy Series: Prevent Identity Theft (Arranged by QAPCO IT online)
- Privacy Series: The Value of Personal Information (Arranged by QAPCO IT)
- Social Media: Staying Secure in a Connected World (Arranged by QAPCO IT)
- Business Conduct Series: Acceptable Use Policy (Arranged by QAPCO IT)
- Data Protection (Arranged by QAPCO IT)
- Security Awareness Training (Arranged by QAPCO IT)
- Security in the workplace (Arranged by QAPCO IT)

Skills

• ***HSE & Technical Skills***

- Permit to Work (PTW) Systems – QP / QAPCO / QAFCO
- Consolidated Permit to Work (CPW) – Mesaieed Industrial City
- Risk Assessment & Hazard Control
- Incident Investigation & Root Cause Analysis
- Emergency Response Planning
- Waste Management & Environmental Compliance
- Safety Auditing & Site Inspections

Professional & Management Skills

- Team Management & Leadership
- Effective Communication
- Organization & Time Management
- Teamwork & Delegation
- Problem Solving & Critical Thinking
- Proactive Decision-Making
- Research & Analytical Skills
- Self-Confidence and Initiative

IT & Office Skills

- Microsoft Office Suite (Word, Excel, PowerPoint, Outlook)
- Graphic Designing
- Software & Hardware Troubleshooting
- Data Sharing & Documentation
- Good Typing Speed & Accuracy

Personal Detail:

Date of Birth: 06, June,1990
Nationality: Pakistani
Marital Status: Married
Driving License: Car (Manual/Auto) Qatar
Qatar ID: 29058604465
Passeport No. DJ1202663
Permanent Address: Sahiwal, Pakistan.