

MUHAMAD ARIF KHAN

HSE Professional

9+ Years of Professional Experience



PROFILE

Detail-oriented Health Safety Professional with 9 years of experience in qualitative and quantitative HSE analysis techniques. Demonstrated knowledge of Safety principles. Strong background in collecting and analyzing quality measures and making recommendations for HSE quality improvements.

ACCOMPLISHMENT

NEBOSH IGC
IOSH, ISO 45001:2015 Lead Auditor
AutoCAD

PERSONAL SKILLS

Good Analyzing Skills.
Strong Communication and Interpersonal Skills.
Strong Presentation Skills.
Good Team Worker.
Good Computer knowledge.
Good English skills.

Address: Makkah , Saudi Arabia
Contact no: +966 58 0406972
Iqama no: 2534541269
EMAIL muhammadarifkhan014@gmail.com

EDUCATION

Bachelor of Civil Engineering, Sarhad University Of Science And Information Technology 2015 | Peshawar, Pakistan.

CERTIFICATIONS

- NEBOSH, ISOH, ISO 45001:2015 Lead Auditor
- First Aid, Fire Fighting Level 2, Chemical Management.
- IOSH, OSHA, Train the Trainer

WORK EXPERIENCE

Project: Construction of Substations,OHTL & UG projects at Makkah
Position: HSE Consultant
Organization: Saudi Electricity Project Development Company
Duration Dec 2023 to now

Project: Red Sea Airport Landside Site Establishment.
Position: HSE Lead
Organization: Al Baddad International
Duration Jan 2022 to Dec 2023

Project: Iskan Housing project, Govt of Sharjah UAE
Position: HSE Engineer
Organization: Bait Al Ibdaa
Duration: 2020 to 2022

Project: G+10 Commercial Buildings
Position: EHS Supervisor
Organization: Al Wahda
Duration Jan 2108 to Feb 2020

Project: Riyadh Metro
Position: HSE Engineer
Organization: Al Wahda
Duration: 2016 to 2018

LANGUAGE

English, Urdu, Arabic & Hindi

JOB DESCRIPTION

Organization: Saudi Electricity Project Development Company

Duration: Dec 2023 – Present

Project: Construction of Substations, OHTL & UG Projects – Makkah

Key Responsibilities:

Overseeing the implementation and compliance of the Health, Safety & Environmental Management System (HSMS) across all project phases. Ensuring safe coordination between engineering, construction, fabrication, and repair teams.

Monitoring site activities to ensure alignment with SEC safety protocols and Life Saving Rules (LSR). Leading site inspections, audits, and risk assessments to identify non-compliance and implement corrective actions. Supporting the development of safety awareness and training programs for contractors and project staff.

Red Sea Airport Pre-Fabricated Site Establishment umllaj, KSA

2022- Still working here

Clients: Red Sea Global

Consultants: AECOM

CONTRACTOR:

Al-baddad International Position: HSE LEAD

Duration: 2022-Dec 2023

As HSE Engineer I am responsible for ensuring that the quality management system (HSMS) is fully implemented in an organized and efficient manner. I as a HSE Lead / Engineer was responsible for working safely with other engineers and related construction, fabrication, and repair departments.

G+10 Commercial Buildings Project at Alsoor Tijariyah, Kalba, Sharjah, Municipality of kalba, Govt Of Sharjah, UAE.

Client: Iskan Sharjah Commercial Project Consultants: Bait Al Khibrah Engineering Consultants

Position: HSE Engineer

Duration: 2018 to 2020

RESPONSIBILITIES:

As an HSE Lead, I'm responsible for working closely with other engineers and related construction safety mainly including;

- Develop & maintain the environmental management systems for potentially hazardous materials & tracking chemical inventories & complaint investigations.
- Verify third-party certification for loose lifting gear, pressure vessels, electrical equipment, etc., and being used properly.
- Preparing Monthly, weekly & daily reports.
- Ensure the client and Company's procedures are followed during construction activities.
- Continuously monitor the work environment, especially for the work performed.
- Ensuring HSE awareness at all levels through audio/visual means, Safety training, and meetings.
- Enhancing safety measures to lower accidents, failures, and error probabilities.
- Organized training sessions on safety management and risk management to reduce accident and injury incidents.
- Ensure the Safety Inspections on Scaffolding, Equipment, Ladders, Lifting Equipment, and Tools on a regular basis, recommend corrective actions, and monitor the implementation of recommended corrective actions.
- Ensure the monitoring of the improvements in safety performance in weekly toolbox meetings and Safety committee meetings at this project
- Performing regular environmental audits to keep records of air emissions, soil contamination, water quality analysis, air pollution, COSHH, and waste management.
- Performing air quality, noise, water quality, and weather monitoring and preparing related reports for management and clients.
- Work proactively with managers to establish and maintain a program of continuous improvement in EMS, which includes regular environmental audits & inspections.
- Ensure that site-specific aspects are incorporated into environmental contingency incidents, and satisfy company environmental Practices, Guidelines, and standards.
- Prepare weekly and monthly clear & concise written performance monitoring reports.
- Ensuring that environmental and sustainability-related programs are developed & delivered, against agreed objectives, targets & KPIs.

HSE RESPONSIBILITIES:

- Conducting and supervising Environmental Monitoring activities (Air, Noise, Dust, Vibration, Water and Groundwater, Effluent discharge Management, Waste Generation and Management,
- Environmental training and arranging Workshops
- Examination and endorse improvements to existing environmental programs to reduce environmental damages.
- Promote safety culture by safety promotion activities & Imparting general and job-specific training to workers.

- Independent handling of the construction site for Field Safe jobs & Toolbox talk, Pre-job briefing for Safety Task Assignment.
- To comply with legal requirements for safety, Health & Environment.
- Safety audits, inspections, Hazard Identification, safety management walks, etc.
- Monitor PPE and ensure the quality & availability of adequate stock in inventory.
- Putting observation in Action Tracking System, and communicating with line management.
- Accident Investigation for facts & root cause findings, analysis & implementation the recommendation.
- Supervising that toolbox talks are conducted appropriately whilst ensuring that attendance records are maintained.
- Actively contribute to a safety training program, including a review of in-house safety training courses and delivery of training as required.
- Maintain an effective working relationship between the company, its clients, and its subcontractors.
- Preparing daily, weekly, and monthly monitoring reports and establishing strong liaisons with clients.
- Planned, directed, and coordinate soil and groundwater investigations and required remediation at company facilities and legacy sites.
- Manage environmental due diligence actions for company acquisitions within a team-based environment.
- Deploy environmental procedures and standards that address regulatory requirements and Company policies and initiatives.
- Administer all monitoring and reporting as required by the environmental regulations and permits.

HSE RESPONSIBILITIES:

G+2 Villas Construction Project at Al Saaf Kalba, UAE,

Municipality Of Kalba , Govt Of Sharjah UAE 2016 – 2018

Clients: Government Of Sharjah Residential Housing Scheme

Constulatant: Municipality Of Kalba Sharjah , UAE

Contractor : Al Wahda Contracting Company llc

Position : HSE Engineer

Duration : 2016 to 2018

As a HSE Engineer I provide safety advice about, plan, organize and supervise construction projects. I tend to have more specific, technical knowledge than other personals. Learn and execute as per technical staff and engineering grounds.

Support the project operation team in all aspects of safety, occupational health, & environmental issues. Planning of Daily Work Activities, Training of Plant Engineers and Operators for the Industrial Fire and Safety Standards, also Workplace monitoring and regular inspection of ongoing construction activities, mechanical jobs and Safety at Excavation, Installation of batching plant, Form Work for Construction erection, Concreting, Working at height, Installation at height, etc. also Management Safety Walk, Safety Committee Meetings, Weekly Progress Meetings.

- Ensure company EMS's development, implementation, maintenance, and continual improvement.
- Verify all scaffolding is tagged and in a safe condition.
- Supervising the effective management and implementation of the permit-to-work system is applied to relevant jobs and carried out as required by the company standard.
- Coordinate investigation of accidents, incidents, and safety violations as required and submits reports on work practices with recommendations for improvement.
- Identify site hazards, non-conformances, and corrective and preventive actions.
- Closely monitor high-risk activities; confined space entry gas testing and air monitoring, lifting activities, work at height, movement of abnormal loads, etc.
- Identify additional safety training requirements to be delivered to the workforce.
- Investigate unsafe acts and conditions and provide solutions to prevent recurrences.
- Lead Junior Safety Officers and Safety Assistants in an immediate response to incidents and emergency situations that occur on-site, act as emergency marshals, and provide first aid.
- Reporting any environmental incidents to relevant regulatory authorities as may be required

HSE RESPONSIBILITIES:

- Verify third-party certification for loose lifting gear, pressure vessels, electrical equipment, etc., and being used properly.
- Preparing Monthly, weekly & daily reports.
- Ensure the client and Company's procedures are followed during construction activities.
- Continuously monitor the work environment, especially for the work performed.
- Ensuring HSE awareness at all levels through audio/visual means, Safety training, and meetings.
- Enhancing safety measures to lower accidents, failures, and error probabilities.
- Organized safety and risk management training sessions to reduce accident and injury incidents.
- Ensure the Safety Inspections on Scaffolding, Equipment, Ladders, Lifting Equipment, and Tools on a regular basis, recommend corrective actions, and monitor the implementation of recommended corrective actions.
- Ensure the monitoring of the improvements in safety performance in weekly toolbox meetings and Safety committee meetings at this project
- Conducting regular environmental audits to monitor air emissions, soil contamination, water quality analysis, air pollution, COSHHA, and waste management.
- Performing different environmental monitoring, i.e., air quality, air emission, noise pollution,
- Monitoring water quality analysis, energy conservation, COSHHA, and waste management.
- Organize environmental awareness campaigns.
- Identify root causes of environmental problems and propose appropriate solutions.

SKILLS:

- Good Analyzing Skills.
- Strong Communication and Interpersonal Skills.
- Strong Presentation Skills.
- Good Team Worker.
- Good Computer knowledge.
- Good English skills.



Sarhad University of Science & Information Technology

This is to certify that Muhammad Arif Khan

son/daughter of Farokh Syar

Having passed the requisite examination, is hereby awarded the degree of

Bachelor of Civil Engineering

With all the rights and privileges appertaining thereto.

Given at Peshawar (PAKISTAN) on the: First Day of December Two Thousand Fifteen.

A large, stylized handwritten signature in black ink, likely belonging to the Registrar.

Registrar

A handwritten signature in black ink, likely belonging to the Vice Chancellor.

Vice Chancellor



A handwritten signature in black ink, likely belonging to the President.

President





nebosh

NEBOSH International General Certificate in Occupational Health and Safety

This is to certify that

Muhammad Arif Khan

was awarded this qualification on

21 March 2023

Les Philpott
Chair

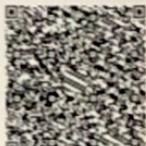
Les Philpott

Dee Arp
Accountable Officer

D Arp

Master log certificate No: 00553832/1344684

SQA Ref: R630 04



The National Examination Board in
Occupational Safety and Health

Registered in England & Wales No. 2698100
A Charitable Company Charity No. 1010444



Certificate Of Appreciation

ISO 45001:2015 – Lead Auditor

Presented To

Muhammad Arif Khan

Has been awarded this certificate upon the
successful completion of the course.

16 March 2025



0025-10007147

(Signature Placeholder)
President Director of
HSE LEAD

President Director



CERTIFICATE
OF ACHIEVEMENT
PROUDLY PRESENTED TO

Muhammad Arif Khan

The recipient of this certificate has successfully completed a rigorous training program, demonstrating a commitment to professional development and excellence in their field. Through this training, the recipient has acquired the knowledge and skills necessary to perform at the highest level and meet the demands of today's dynamic workplace. This certificate signifies that the recipient possesses the expertise and proficiency required to excel in their profession and contribute to the success of their organization.

Level 2 Award in Fire Safety

In association with HiQual UK approved training center

HSE Academy Pvt Ltd.

26th December 2023

ISSUE DATE



REECE CHERRY
TRAINING DIRECTOR



CREDENTIAL'S ID : 136667

This certificate remains Property of HiQual UK Ltd and shall be returned upon request.

CPD
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Level 2 Award in First Aid at Workplace

In association with HiQual UK approved training center

HSE Academy Pvt Ltd.

26th December 2023

ISSUE DATE

Reece Ch.

REECE CHERRY
TRAINING DIRECTOR



CREDENTIAL'S ID : 136663

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OSHAcademyTM
Occupational Safety & Health Training

Certificate of Professional Program Completion

This is to certify that

Muhammad Arif Khan

Has demonstrated academic excellence with distinction by completing all exams, academic requirements and a minimum of 48 hours of study on required subjects in the OSHAcademy Professional Development Certificate Program. This achievement demonstrates commitment and professionalism in Occupational Safety and Health.

Occupational Safety and Health
Manager



Steven J. Geigle, MA, CET, CSHM-E
Director, Instructor
OSHAcademy Safety and Health Training

This training complies with OSHA standards and conforms with ANSI/ASSP Z490.1 and ISO 45001 guidelines for Safety, Health, and Environmental (SHE) Training. OSHAcademy training is widely recognized by government agencies, colleges, technical schools, and businesses. OSHAcademy training also qualifies for Continuance of Certification (COC) points toward professional recertification.



1012572	08/29/2023	48
Student #	Issue Date	Hours

Printed original certificates must include the OSHAcademy hologram or embossed OSHAcademy seal. All certificates include a unique QR Code and can be validated through the OSHAcademy website. www.oshacademy.com/verify

OSHAcademy is a division of
Geigle Safety Group, Inc.
15220 NW Greenbrier Pkwy, Ste 230
Beaverton, OR, USA, 97006
+1 (971) 217-8721
www.oshacademy.com





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Manager**



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This is a certificate awarded to

Muhammad Arif Khan

on successfully completing

Working Safely

a course approved and validated by the

Institution of Occupational Safety and Health

in association with

Commodious

Signed on behalf of IOSH

Chief Executive

Course Organiser



Date:

21 Oct 2016

Possession of this certificate does not confer exemption from accredited qualifications which lead to membership of IOSH.

Cert No: 3538-REED071016S



OSHAcademyTM
Occupational Safety & Health Training

Certificate of Professional Program Completion

This is to certify that

Muhammad Arif Khan

Has demonstrated academic excellence with distinction by completing all exams, academic requirements and a minimum of 36 hours of study on required subjects in the OSHAcademy Professional Development Certificate Program. This achievement demonstrates commitment and professionalism in Occupational Safety and Health.

**Occupational Safety and Health Trainer
(Train-the-Trainer)**

Steven J. Geigle, MA, CET, CSHM-E
Director, Instructor
OSHAcademy Safety and Health Training

This training complies with OSHA standards and conforms with ANSI/ASSP Z490.1 and ISO 45001 guidelines for Safety, Health, and Environmental (SHE) Training. OSHAcademy training is widely recognized by government agencies, colleges, technical schools, and businesses. OSHAcademy training also qualifies for Continuance of Certification (COC) points toward professional recertification.



1012572	08/30/2023	36
Student #	Issue Date	Hours

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