



# Muhammad Haris Azmat Abbasi

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Date of Birth: 27-11-1998

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## Summary:

I am a qualified Health and Safety professional with total 6+ years' experience. I am highly dedicated, versatile, self-motivated with proven experience in the management of Health, Safety and Environmental through the effective use of personnel and resources. I am energetic and enthusiastic, a decisive team player who leads by example and have ability to maintain a clear prospective in unpredictable circumstances.

## Experience

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HSE Supervisor

02/2024 to Present

**Within Construction Company, (Maaden Phosphate) Saudi Arab.**

- Makes daily spot checks and inspections of work tools, equipment and site and takes the necessary actions towards correcting any seen hazards.
- Ensure that all workers under them are supervised regularly on health and safety matters.
- Ensures that all workers comply with the health and safety requirements of the organization
- Ensured that all workers are provided with the needed personal protective equipment for their work and replaced when damaged.
- Cooperate with the safety committees in place to ensure the running of the safety programs in place.
- Investigate unsafe actions and near-misses and perform corrective actions or corrections.
- Consult with workers and management on the best approach to deliver a safe working environment for all workers.
- Ensures that all employees abide by the health and safety rules existing in the workplace.
- Train all workers in the emergency action plans in place
- Ensures that they conduct emergency drills at the workplace at specific times.
- Sets up safety signs and signages at the designated place and ensures they are visible enough for all workers to see.
- Ensures that all injured personnel receive immediate treatment and attention and documents the report to the management.
- The safety supervisor instructs all employees to inspect their tools daily and report the damaged ones to the appropriate channels for repairs.

HSE Supervisor

03/2022 to 02/2024

**SENDAN International Company, NRTU Riyadh (Update Fire Protection System), Saudi Arab**

- Training and overseeing workers on safety procedures and practices to prevent injuries or accidents
- Co-ordinating first aid treatment and medical evacuation in cases of serious injury or illness
- Inspecting the site for potential hazards that may cause harm to people or damage to property
- Maintaining accurate records of accident data and near-miss incidents, which can be used to identify problem areas and create solutions
- Conducting regular check-ups on equipment such as lifts, cranes, scaffolding, and electrical equipment to ensure they are functioning properly and safe to use

- Providing first aid treatment to injured workers, using knowledge of medical terminology, bandaging techniques, and other basic medical procedures
- Monitoring the work environment to ensure that safety standards are met by workers and contractors
- Reviewing safety procedures and equipment to ensure that they are adequate for the task at hand

HSE Officer

04/2021 to 02/2022

**SENDAN International Company**, Abqaiq Plant (Installation of water chemical injection System) Saudi Arab

- Coordinate in carrying out inspections of workplaces and takes necessary action to ensure compliance.
- Assists in responding to and investigating concerns/complaints from workers/employers and assists in taking appropriate action.
- Take participation in investigating accidents or injuries that occur in the workplace.
- Assists in the establishment of workplace safety and health committees.
- Coordinate in the delivery of related educational programs and disseminates information to the public.
- Carrying out industrial hygiene surveys.
- Assists in the preparation of various reports, documents and forms.
- Performs other related duties as assigned.

HSE Officer

01/2018 to 04/2021

**SENDAN International Company**, AR, Razi Plant (Demolition of Menthol Plant), Saudi Arab

- Identify and assess hazards, risks and control measures for a specific operation or process.
- Conduct ongoing review of operations and processes to identify potential hazards, risks and control measures that should be implemented to reduce these risks.
- Assess and document hazards, risks and controls in a manner consistent with established procedures and practices.
- Supervise the safe handling, storage & disposal of hazardous materials.
- Supervise the operation of any potential hazards in the workplace.
- Improve workplace safety and employee productivity by transitioning from manual safety procedures to digital safety management systems.
- Provide safety training if necessary.
- Ensure that health, safety, and environmental policies are followed.
- Investigate workplace accidents and injuries and refer them to the proper authorities.

## **Education and Qualification**

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Intermediate Pre-Engineering - 2018

BISE Meer Pur AJK, Pakistan

**NEBOSH** International General Certificate in Occupational Safety & Health, UK

**IOSH** Managing Safely, UK

**ISO 14001** Lead Auditor