



ADNAN ASHFAQ

PROFILE

To seek employment in an organization with the view to groom and polish whatever talent I have, and to secure a good position in the organization where I can apply my professional skills and knowledge and be a part of a Dynamic team that leads to achieve the organizations goals.

CONTACT

PHONE:

+966541505741

LINKEDIN:

www.linkedin.com/in/adnan-ashfaq-b80561248

adnanashdaq470@gmail.com

CERTIFICATIONS

HSE Manager

NVQ Level VI Qualification in Health and Safety UK
IOSH Managing Safely UK,
Diploma in (HSE 1YEAR)
Health Safety & Environment
Training & Certificate
First Aid, Fire safety

WORK EXPERIENCE

HSE MANAGER

YANBU-MADINAH WATER TRASSMISSION SYSTEM (PHASE-4) MAPA CONSTRUCTION (MNG Group)
CLIENT-SWCC, CONSULTANT-ILF
NOVEMBER 2019-TILL DATE

HSE DEPUTY MANAGER

RIYAD METRO (1A1 ICONIC STATION KAFD)
ARAIL CONSTRUCTION
CLIENT-RMTS
NOVEMBER 2018-JUNE 2019

HSE DEPUTY MANAGER

HOUSING SCHEME PHASE BUILDING CONSTRUCTION
JAZAN KSA
MINISTRY OF HOUSING KSA.
NOVEMBER 2015 - JUNE 2018

SAFETY LEAD

Neelum Jhelum Hydro Power Project (PAKISTAN)
Habib Rafique Co. LTD
NOVEMBER 2014 - OCTOBER 2015

EDUCATION

DAE (CIVIL)

PUNJAB BORD OF TECHNICAL EDUCATION
2011-2014

HSSC (MATRICULATION)

FEDRAL BORD OF INTERMEDIAT SECONDARY EDUCATION
2011

DUTIES AND RESPONSIBILITIES

- ❖ Monitor Implement HSE Management system as per Client requirements/Consultant requirements, approved Code of practice and international standards.
- ❖ Review, recommend changes (if required) and approved sub- Contractor's Safety plans and procedures as per Contractual requirement and Approved Code of Practice.
- ❖ To check and evaluate the effectiveness of action taken or proposed to be taken to prevent personnel
- ❖ Implement best practice in areas of corporate, ethical and social responsibility and address any issues.
- ❖ Make necessary work permit whenever to begin the job.
- ❖ Make monthly inspection of moving equipment and firefighting equipment's.
- ❖ Implementation of project HSE plan and provide support to Company's Supervisor.
- ❖ Have knowledge and hand on all types of scaffoldings used in construction works.
- ❖ Prepared weekly and monthly health and safety reports.
- ❖ Having good technique to tackle problems related to health and safety at site.
- ❖ Having abilities to convince to client, consultant for outstanding issues.
- ❖ Segregation of waste materials and practicing waste disposal methods.
- ❖ Train staff and workers at all levels on safety issues and responsibilities.
- ❖ Compiled and maintained personal records including trainings ergonomics, fire systems and injury reports. Created a programmer to maintained safety required documents for all forklifts and drivers to ensure compliance with standards. Conducted re-trainings for forklifts operators, as necessary to maintain OSHA standards.
- ❖ Initiated maintenance and repaired orders for company and rental equipment. Ordered First Aid supplies, ergonomic equipment and other safety related items for employees.
- ❖ Quick responded to employee injuries and administrated first aid as needed for propane leaks (evacuations), cuts, and bleedings and back injuries from improper lifting techniques
- ❖ Closely monitor adherence of each department to require safety routines i.e., safety briefing meeting, etc. Perform continuous monitoring at plants site to ensure compliance of plant operation.
- ❖ Maintenance and contractors with the established Safety Health, Fire and environmental requirements. Ensure proper maintenance, handling of various safety equipment's such as gas monitoring device,
- ❖ breathing apparatus, Oxygen detector, and ground fault circuit interrupter. Issues safety awards and recognition letter to chosen company employees.

Training & Seminar Attended

- Confined Space Entry
- Scaffold Safety Awareness
- Hazard Identification
- ▪ Hot Works
- Accident Investigation
-

- Trenching & Excavation
- Fire presentation & Protection
- Electrical Installation
- General Construction

Languages

- English
- Arabic
- Turkish
- Urdu
- Punjabi
- Pashto

Strengths:

- Confident and Optimistic.
- Creative and Quick Learner.
- Self-Driven and Adjustable in New Environment.

Personal Information

- Name: Adnan Ashfaq
- F/Name: Muhammad Ashfaq
- DOB: 12-11-1995
- Religion: Islam
- Nationality: Pakistani
- Iqama: Transferable
- Marital Status: Married
- Address: Madinah
- CONTACT #: +966541505741
- Valid Driving License Of Saudi Arabia





Adnan Ashfaq

Has been awarded units/credits for

Unit Reference Number	Unit Title	Unit Level
J/616/9532	Develop and implement effective communication systems for health and safety information	L5
M/616/9539	Develop and implement health and safety emergency response systems and procedures	L6
H/616/9540	Develop and implement health and safety review systems	L6
H/616/9537	Develop and implement proactive monitoring systems for health and safety	L6
K/616/9538	Develop and implement reactive monitoring systems for health and safety	L6
F/616/9531	Develop and implement the health and safety policy	L6
R/616/9534	Develop and maintain individual and organisational competence in health and safety matters	L5
Y/616/9535	Identify, assess and control health and safety risks	L6
K/616/9541	Maintain knowledge of improvements to influence health and safety practice	L5
D/616/9536	Promote a positive health and safety culture	L5

26 / 06 / 2024

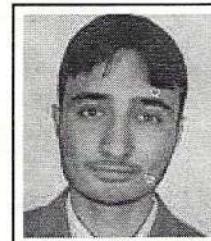
S.No. 469875



Punjab Board of Technical Education Lahore

First Annual Examination, 2014

Certified that ADNAN ASHFAQ
son/daughter of MUHAMMAD ASHFAQ
Registration No 211-1284-01817 *of the*
RAWALPINDI SWEDISH INSTITUTE OF TECHNOLOGY, D-324, SATELLITE
TOWN, RAWALPINDI
has satisfactorily completed the THREE YEAR *Programme of Instructions in*
CIVIL TECHNOLOGY



and has passed the Examination as a whole securing 2327 marks
out of 3500 and has been placed in "B" Grade

In recognition thereof this

Diploma of Associate Engineer

is awarded at Lahore on the August 31, 2016




Secretary





This is a certificate awarded to

Adnan Ashfaq

on successfully completing

Managing Safely

a course approved and validated by the

Institution of Occupational Safety and Health

in association with

SES SOLUTIONS

Signed on behalf of IOSH

Chief Executive

Course Organiser



ILF & PARTNERS ENGINEERING COMPANY

Yanbu, Kingdom of Saudi Arabia
Telephone: +966 14 396 1614 Ext. 212
Mail to : P052-Site@ilf.com
Web : www.ilf.com



TO: MAPA Mr. Mustafa Nuri Kayserili Project Manager	From: ILF Site Office Mr. Hans Wijnmaalen Project Manager
MYF Ref: MYF-EF-L-0380 to 0382 & 0384, 085	Our Ref: EF-MYF-L-0517
Date: 28 December 2019	Date: 04 January 2020
CC: SF, EH, EF	
Project: Yanbu-Madina Water Transmission System Phase 4	
SUBJECT	CVs of HSE Manager, HSE Supervisors & HSE Chief

Dear Mr. Mustafa Nuri Kayserili,

Reference is made to MAPA letters MYF-EF-L-0380,0381,0382,0384 & 0385 dated 28 December 2019 regarding the above mentioned subject.

Please be informed that the proposed HSE Manager, HSE Supervisors and HSE Chief are interviewed by SWCC/Engineer and recommendation as follows with the condition of 3 months under observation:

Si No	MAPA Letter Number	Name of Candidate	Positions	Status
1	MYF-EF-L-0380	Umar Ali	HSE Chief	Approved
2	MYF-EF-L-0381	Muhammad Imran	HSE Supervisor	Approved
3	MYF-EF-L-0382	Adnan Ashfaq	HSE Manager	Approved
4	MYF-EF-L-0384	Syed Zubair Shah	HSE Supervisor	Approved
5	MYF-EF-L-0385	Fazal Hanan	HSE Supervisor	Approved

Should you require further information, please contact the Mr. Jarman Gasang at +966 55 0607 336.

With best regards,

A handwritten signature in blue ink, appearing to read 'Hans Wijnmaalen'.

Hans Wijnmaalen
Project Manager YMWTS-4
ILF CONSULTING ENGINEERS

Attachment:

- MYF-EF-L-0380
- MYF-EF-L-0381
- MYF-EF-L-0382
- MYF-EF-L-0384
- MYF-EF-L-0385

Certificate of Appreciation

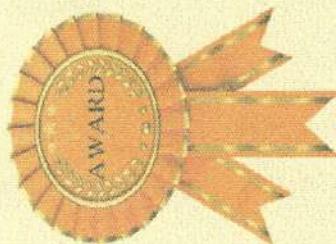


In appreciation of the valuable contribute to HSE

This certificate is awarded to:

This Certificate is issued to ADNAN ASHEAQ TRAINING

WITH (CPR)-FIRST AID. Complete in our recognition for his/ her hard work, continuous support of the Environmental Health & Safety program.



Adem Ufuk Aygun
MAPA HSSE Manager

Mustafa Nuri Kayserili
MAPA Project Manager

Certificate of Appreciation

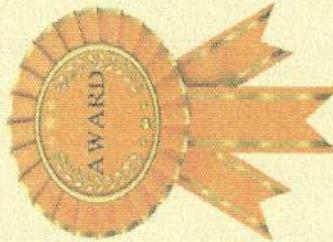
In appreciation of the valuable contribution to HSE
This certificate is awarded To: Good Supervision

ADNAN ASHFAQ

ID Number = Ever 290 MAPA HSE SUPERVISOR

07-FEB-2021

We thank you for your efforts to make our project a success



Mr. Shahid Ashraf Khan
SHAHID ASHRAF KHAN
MAPA HSE Manager



3S LIFE SAFE AKADEMIE

AN ISO 9001 : 2015 Certified
NEBOSH GOLD LEARNING PARTNER 1478
IOSH Approved Training Provider 4501

ILO

Certificate of Achievement

Proudly Presented to

Adnan Ashfaq

Has Successfully completed the Awareness on
ILO (International Labour Organisation).

DATE: 4-5-2024

CERTIFICATE No:3S/ILO/Q000126



DIRECTOR



International
Labour
Organization

Certificate of Attendance

Adnan Ashfaq

Attended the NEBOSH webinar

**The Impact of Climate Change and Heat Stress
on Occupational Health and Safety**

Delivered as part of ILO World Day for Health and Safety at Work 2024

29 April 2024, 12pm-1pm