



# ADNAN ASHFAQ

## PROFILE

To seek employment in an organization with the view to groom and polish whatever talent I have, and to secure a good position in the organization where I can apply my professional skills and knowledge and be a part of a Dynamic team that leads to achieve the organizations goals.

## CONTACT

PHONE:  
+966541505741

LINKEDIN:  
[www.linkedin.com/in/adnan-ashfaq](http://www.linkedin.com/in/adnan-ashfaq)  
b80561248

[adnanashdaq470@gmail.com](mailto:adnanashdaq470@gmail.com)

## CERTIFICATIONS

### HSE Manager

NVQ Level VI Qualification in Health and Safety UK  
IOSH Managing Safely UK,  
Diploma in (HSE 1YEAR)  
Health Safety & Environment  
Training & Certificate  
First Aid, Fire safety

## WORK EXPERIENCE

### HSE MANAGER

YANBU-MADINAH WATER TRANSMISSION SYSTEM (PHASE-4)  
MAPA CONSTRUCTION (MNG Group)  
CLIENT-SWCC, CONSULTANT-ILF  
NOVEMBER 2019-TILL DATE

### HSE DEPUTY MANAGER

RIYAD METRO (1A1 ICONIC STATION KAFD)  
**RAIL CONSTRUCTION)**  
CLIENT-RMTS  
NOVEMBER 2018-JUNE 2019

### HSE DEPUTY MANAGER

**HOUSING SCHEME PHASE BUILDING CONSTRUCTION**  
JAZAN KSA  
MINISTRY OF HOUSING KSA.  
NOVEMBER 2015 - JUNE 2018

### SAFETY LEAD

Neelum Jhelum Hydro Power Project (**PAKISTAN**)  
**Habib Rafique Co. LTD**  
NOVEMBER 2014 - OCTOBER 2015

## EDUCATION

DAE (CIVIL)  
PUNJAB BOARD OF TECHNICAL EDUCATION  
2011-2014

HSSC (MATRICULATION)  
FEDERAL BOARD OF INTERMEDIATE SECONDARY EDUCATION  
2011

## DUTIES AND RESPONSIBILITIES

- ❖ Monitor Implement HSE Management system as per Client requirements/Consultant requirements, approved Code of practice and international standards.
- ❖ Review, recommend changes (if required) and approved sub- Contractor's Safety plans and procedures as per Contractual requirement and Approved Code of Practice.
- ❖ To check and evaluate the effectiveness of action taken or proposed to be taken to prevent personnel
- ❖ Implement best practice in areas of corporate, ethical and social responsibility and address any issues.
- ❖ Make necessary work permit whenever to begin the job.
- ❖ Make monthly inspection of moving equipment and firefighting equipment's.
- ❖ Implementation of project HSE plan and provide support to Company's Supervisor.
- ❖ Have knowledge and hand on all types of scaffoldings used in construction works.
- ❖ Prepared weekly and monthly health and safety reports.
- ❖ Having good technique to tackle problems related to health and safety at site.
- ❖ Having abilities to convince to client, consultant for outstanding issues.
- ❖ Segregation of waste materials and practicing waste disposal methods.
- ❖ Train staff and workers at all levels on safety issues and responsibilities.
- ❖ Compiled and maintained personal records including trainings ergonomics, fire systems and injury reports. Created a programmer to maintained safety required documents for all forklifts and drivers to ensure compliance with standards. Conducted re-trainings for forklifts operators, as necessary to maintain OSHA standards.
- ❖ Initiated maintenance and repaired orders for company and rental equipment. Ordered First Aid supplies, ergonomic equipment and other safety related items for employees.
- ❖ Quick responded to employee injuries and administrated first aid as needed for propane leaks (evacuations), cuts, and bleedings and back injuries from improper lifting techniques
- ❖ Closely monitor adherence of each department to require safety routines i.e., safety briefing meeting, etc. Perform continuous monitoring at plants site to ensure compliance of plant operation.
- ❖ Maintenance and contractors with the established Safety Health, Fire and environmental requirements. Ensure proper maintenance, handling of various safety equipment's such as gas monitoring device,
- ❖ breathing apparatus, Oxygen detector, and ground fault circuit interrupter. Issues safety awards and recognition letter to chosen company employees.

### Training & Seminar Attended

- Confined Space Entry
- Scaffold Safety Awareness
- Hazard Identification
- Hot Works
- Accident Investigation
-

- Trenching & Excavation
- Fire presentation & Protection

## **Languages**

- English
- Arabic
- Turkish
- Urdu
- Punjabi
- Pashto

## **Strengths:**

- Confident and Optimistic.
- Creative and Quick Learner.
- Self-Driven and Adjustable in New Environment.

## **Personal Information**

- Name: Adnan Ashfaq
- F/Name: Muhammad Ashfaq
- DOB: 12-11-1995
- Religion: Islam
- Nationality: Pakistani
- Iqama: Transferable
- Marital Status: Married
- Address: Madinah
- CONTACT #: +966541505741
- Valid Driving License Of Saudi Arabia





## **Adnan Ashfaq**

Has been awarded units/credits for

<b>Unit Reference Number</b>	<b>Unit Title</b>	<b>Unit Level</b>
J/616/9532	Develop and implement effective communication systems for health and safety information	L5
M/616/9539	Develop and implement health and safety emergency response systems and procedures	L6
H/616/9540	Develop and implement health and safety review systems	L6
H/616/9537	Develop and implement proactive monitoring systems for health and safety	L6
K/616/9538	Develop and implement reactive monitoring systems for health and safety	L6
F/616/9531	Develop and implement the health and safety policy	L6
R/616/9534	Develop and maintain individual and organisational competence in health and safety matters	L5
Y/616/9535	Identify, assess and control health and safety risks	L6
K/616/9541	Maintain knowledge of improvements to influence health and safety practice	L5
D/616/9536	Promote a positive health and safety culture	L5

26 / 06 / 2024

S.No. 469875

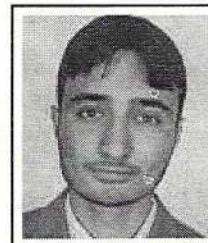
Roll No. 133152



# Punjab Board of Technical Education Lahore

*First Annual Examination, 2014*

*Certified that* ADNAN ASHFAQ  
*son/daughter of* MUHAMMAD ASHFAQ  
*Registration No* 211-1284-01817 *of the*  
RAWALPINDI SWEDISH INSTITUTE OF TECHNOLOGY, D-324, SATELLITE  
TOWN, RAWALPINDI  
*has satisfactorily completed the* THREE YEAR *Programme of Instructions in*  
CIVIL TECHNOLOGY



*and has passed the Examination* as a whole *securing* 2327 *marks*  
*out of* 3500 *and has been placed in* "B" *Grade*

*In recognition thereof this*

## Diploma of Associate Engineer

*is awarded at Lahore on the* August 31, 2016



*Intype*  
Secretary





This is a certificate awarded to

**Adnan Ashfaq**

on successfully completing

**Managing Safely**

a course approved and validated by the

**Institution of Occupational Safety and Health**

in association with

**SES SOLUTIONS**

Signed on behalf of IOSH

A handwritten signature in black ink, appearing to be 'Mam'.

Chief Executive

A handwritten signature in black ink, appearing to be 'Mam'.

Course Organiser



Date: 27 February 2015

Cert No.: 235463

Possession of this certificate does not confer exemption from accredited qualifications which lead to membership of IOSH.

# ILF & PARTNERS ENGINEERING COMPANY

Yanbu, Kingdom of Saudi Arabia  
Telephone: +966 14 396 1614 Ext. 212  
Mail to : P052-Site@ilf.com  
Web : [www.ilf.com](http://www.ilf.com)



<b>TO:</b> <b>MAPA</b> <b>Mr. Mustafa Nuri Kayserili</b> <b>Project Manager</b>	<b>From:</b> <b>ILF Site Office</b> <b>Mr. Hans Wijnmaalen</b> <b>Project Manager</b>
<b>MYF Ref: MYF-EF-L-0380 to 0382 &amp; 0384, 085</b> <b>Date: 28 December 2019</b>	<b>Our Ref: EF-MYF-L-0517</b> <b>Date: 04 January 2020</b>
<b>CC: SF, EH, EF</b>	<b>Total Pages: 01+04 Pages</b>
<b>Project: Yanbu-Madina Water Transmission System Phase 4</b>	
<b>SUBJECT</b>	<b>CVs of HSE Manager, HSE Supervisors &amp; HSE Chief</b>

Dear Mr. Mustafa Nuri Kayserili,

Reference is made to MAPA letters MYF-EF-L-0380, 0381, 0382, 0384 & 0385 dated 28 December 2019 regarding the above mentioned subject.

Please be informed that the proposed HSE Manager, HSE Supervisors and HSE Chief are interviewed by SWCC/ Engineer and recommendation as follows with the condition of 3 months under observation:

Si No	MAPA Letter Number	Name of Candidate	Positions	Status
1	MYF-EF-L-0380	Umar Ali	HSE Chief	Approved
2	MYF-EF-L-0381	Muhammad Imran	HSE Supervisor	Approved
3	MYF-EF-L-0382	Adnan Ashfaq	HSE Manager	Approved
4	MYF-EF-L-0384	Syed Zubair Shah	HSE Supervisor	Approved
5	MYF-EF-L-0385	Fazal Hanan	HSE Supervisor	Approved

Should you require further information, please contact the Mr. Jarman Gasang at +966 55 0607 336.

With best regards,

  
**Hans Wijnmaalen**

Project Manager YMWTS-4  
ILF CONSULTING ENGINEERS

Attachment:

- MYF-EF-L-0380
- MYF-EF-L-0381
- MYF-EF-L-0382
- MYF-EF-L-0384
- MYF-EF-L-0385



# Certificate of Appreciation

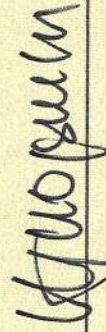
In appreciation of the valuable contribute to HSE

This certificate is awarded to:

This Certificate is issued to **ADNAN ASHFAQ TRAINING**

**WITH (CPR)-FIRST AID . Complete in our recognition for his/ her hard work, continuous support of the Environmental Health & Safety program.**





**Adem Ufuk Aygun**  
MAPA HSSE Manager



**Mustafa Nuri Kayserili**  
MAPA Project Manager



YANBU MADINA WTS PHASE 4 PROJECT

# Certificate of Appreciation

In appreciation of the valuable contribute to HSE

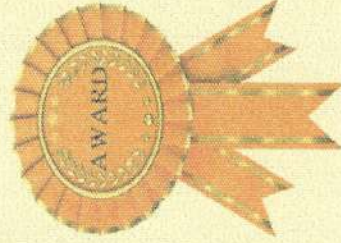
This certificate is awarded To: Good Supervision

**ADNAN ASHFAQ**

ID Number = Ever 290 MAPA HSE SUPERVISOR

07-FEB-2021

*We thank you for your efforts to make our project a success*



*Mr. Shahid Ashraf Khan*

**SHAHID ASHRAF KHAN**

MAPA HSE Manager





# 3S LIFE SAFE AKADEMIE

AN ISO 9001 : 2015 Certified  
**NEBOSH GOLD LEARNING PARTNER 1478**  
IOSH Approved Training Provider 4501

**ILO**

## Certificate of Achievement

Proudly Presented to

***Adnan Ashfaq***

Has Successfully completed the Awareness on  
ILO (International Labour Organisation).

DATE: 4-5-2024

CERTIFICATE No: 3S/ILO/Q000126



DIRECTOR



International  
Labour  
Organization

## Certificate of Attendance

Adnan Ashfaq

Attended the NEBOSH webinar

**The Impact of Climate Change and Heat Stress  
on Occupational Health and Safety**

Delivered as part of ILO World Day for Health and Safety at Work 2024

29 April 2024, 12pm-1pm

