

M. Faraz Afzal

SHES Supervisor

• +97431615748 • mfarazafzal6@gmail.com

A dedicated HSE Supervisor with a proven track record of implementing robust safety programs and ensuring compliance with industry regulations. Experienced in hazard identification, risk assessment, and fostering a culture of safety. Seeking to contribute expertise to organizations committed to employee well-being and regulatory adherence.

Experience

Dec 2023 till date

HSE Officer, Eleco | NFXP EPC 3 Ras Laffan Qatar

- Collaborated with cross-functional teams to provide safety oversight for the construction of the NFXP-3.
- Developed and delivered daily Toolbox Talks, providing relevant topics to supervisors and workers to enhance safety awareness.
- Successfully implemented and maintained the Permit to Work (PTW) system, ensuring safe work processes.
- Conducted thorough inspections of tools, equipment, and scaffolding, identifying, and rectifying potential safety hazards.
- Led hazard identification and risk assessment processes for specific operations, contributing to safer work practices.
- Supervised temporary work areas, ensuring compliance with safety protocols, and minimizing risks.

JAN 2021- JUNE 2023

HSE Officer, Eleco | EPC 1, Duqm Refinery, Oman

- Collaborated with cross-functional teams to provide safety oversight for the construction of the Duqm Refinery project.
- Developed and delivered daily Toolbox Talks, providing relevant topics to supervisors and workers to enhance safety awareness.
- Successfully implemented and maintained the Permit to Work (PTW) system, ensuring safe work processes.

- Conducted thorough inspections of tools, equipment, and scaffolding, identifying, and rectifying potential safety hazards.
- Led hazard identification and risk assessment processes for specific operations, contributing to safer work practices.
- Supervised temporary work areas, ensuring compliance with safety protocols, and minimizing risks.

FEBRUARY 2019 - NOV 2020

HSE Supervisor, Al Hadeesa | Daleel, Oman

- Provided comprehensive safety oversight for activities
- Implemented effective job hazard analysis (Jha) practices, reducing workplace accidents by identifying and addressing potential hazards.
- Played a vital role in hazardous waste management, ensuring proper handling, containment, and disposal.

MARCH 2018 - NOV 2018

HSE Officer, Daeah Engineering & Construction | Suhar, Oman

- Conducted regular safety audits, identifying, and addressing potential hazards and recommending preventive measures.
- Ensured the proper handling, storage, and disposal of hazardous materials in compliance with industry standards.
- Participated in the development of emergency response plans and contributed to their implementation.

Skills

- Risk Assessment
- Toolbox Talks
- Permit to Work (PTW)
- Hazard Identification
- Emergency Response Planning Safety Auditing
- Hazardous Materials Handling
- Job Hazard Analysis (JHA) Health and Safety Compliance
- Incident Investigation

Achievements

- Received an Appreciation Certificate for outstanding performance from TRD (Tecnicas Reunidas Daewoo joint venture) in June 2022.
- Received an Appreciation Certificate for safety outstanding employee (June 2023) from EPC 1, Duqm Refinery, Oman.

Certificates

- NEBOSH (National Examination Board in Occupational Safety and Health)
- IOSH (Institution of Occupational Safety and Health)



nebosh

NEBOSH International General Certificate in Occupational Health and Safety

This is to certify that

Muhammad Faraz Afzal

was awarded this qualification on

10 July 2023

Les Philpott
Chair

Les Philpott

Dee Arp
Accountable Officer

Dee Arp

Master log certificate No: 00759586/1367014

SQA Ref: R630 04



The National Examination Board in
Occupational Safety and Health
Registered in England & Wales No. 2698100
A Charitable Company Charity No. 1010444



This is a certificate awarded to

Muhammad Faraz Afzal

on successfully completing

Managing Safely

a course approved and validated by the

Institution of Occupational Safety and Health

in association with

ACME Institute of Safety Professionals

Approved Centre: 3278

Signed on behalf of IOSH

Vanessa Hamood-Ullah

Chief Executive

S
Course Organiser





中国化学工程第十一建设有限公司

China Eleventh Chemical Construction Co., Ltd

CERTIFICATE OF APPRECIATION

To Whom It May Concern.

This is certify that Mr. MUHAMMAD FARAZ AFZALPassport No/Civil ID. 120652892 has been employed by China Eleventh Chemical Construction Co., Ltd.as SAFETY OFFICER in OMAN DUQM REFINERY PROJECT, from 23th Jan 2021 till 30th Jun 2022. He left the company upon his job finished.

With effect from the date specified above, he have no liabilities with our company and wish his success in his future endeavors.

杜晓

Project manager: DU XIAO





中国化学工程第十一建设有限公司

China Eleventh Chemical Construction Co.,Ltd

CERTIFICATE OF APPRECIATION

To Whom It May Concern.

This is certify that Mr.MUHAMMAD FARAZ AFZAL. Passport No/Civil ID. HB1519172 has been employed by China Eleventh Chemical Construction Co., Ltd. as SAFETY OFFICER in OMAN DUQM REFINERY PROJECT, from 9th JAN 2023 till 26th JUN 2023. He left the company upon his job finished.

With effect from the date specified above, he have no liabilities with our company and wish his success in his future endeavors.



Project Manager:Jin Haiqiao



OQ8 DUQM REFINERY
EPC PACKAGE 1 - PROCESS UNITS



Certificate of Appreciation

Mr. FARAZ AFZAL

Project ID#119167, Safety Officer – ELECO

In Recognition of his valuable efforts & commitment towards enhancing
Site Safety Culture at EPC-1 TRDJV Package at Duqm Refinery Project,
Sultanate of Oman, Duqm.

Awarded – June, 2022.

Mohammed Gousuddin
TRD Deputy HSSE Manager



Marco Andre Reis
TRD HSSE Manager



DUQM REFINERY PROJECT-PACKAGE 1
阿曼 DUQM 炼油项目

CERTIFICATE of APPRECIATION

荣誉证书

MD FARAZ AFZHAL (119167)

HSE OFFICER

China Eleventh Chemical Construction Company LTD.

Safety Outstanding Employee

安全先进个人

JUNE
2023

VISWANATH PRATHA

HSSE MANAGER



JIN HAIQIAO

PROJECT MANAGER