

MUHAMMAD SOHAIL

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Career Objective:

Dedicated & reliable QHSE professional with over 12 years of experience in Construction, Maintenance/ Engineering/FM Management, Manufacturing Industries, EHS training & education, and environmental services. Committed and versatile, with extensive experience in the Health, Safety Management System, Risk Management, OSH Training Assessment and Delivery, OHS Planning and Implementation, OHS Protocols Supervision and Monitoring, Evaluation of Health and Safety Performances in the Gulf/ Middle East.

Professional Experience:



Jun. 2023 to Aug. 2024

Senior QHSE Officer

Masader Environmental Services
(Subsidiary of Al-Qamra Holding Group)
Doha, State of Qatar.

- Develop, Implement, and Maintain OHS policies, procedures, plans related to Quality, Health, and Safety & Environment.
- Review and Revise OHS Plans, Policies and Procedures as per the Project requirement.
- Develop and Implement Risk Management Plans and Registers for the subsidiary companies working under Al-Qamra Holding.
- Communicate and coordinate the subsidiary companies over the OHS reforms, legal reforms, modification to regulation, new legislation national and international introduced
- Prepare and submit OHS daily observation reports to Group QHSE Manager, Group Chief Executive Officer (GCEO).
- Prepare and submit weekly safety monitoring reports of the respective subsidiaries, Construction, Fish Factories, Marine Barges, Liquefied Petrochemical Factory, Laundries, Beauty Salon and Clinic, Agriculture Farms etc.
- Prepare and Implement Emergency Response Plans under National and International Legislative Requirement for the entire subsidiaries working under Al-Qamra Holding.
- Review and update the OHS procedure, plans and policies as per Safety Management System Requirement.
- Initiate and investigate incidents, accidents, near misses occurrence at the workplace, and develop remedial action plan to prevent recurrences.
- Ensure that the subsidiaries are in compliance with local OHS regulatory requirement under QCS 2014 and Environmental Protection Law Decree No

- 30.
- Prepare and Implement OHS Training Plan, conduct relevant OHS training at the workplace as per the job specification and scope of the companies.
 - Conduct frequent OHS inspection of the workplaces in coordination with senior Management. Suggest the management of the health safety environment improvement to prevent man-hours loss, business disruption, and productivity loss.
 - Engage the stakeholders, subsidiaries, sub-contractors in OHS implementation, long term benefits of the safety management system, need assessment for an effective implementation of OHS norms.
 - Assess the key performance indicator of OSH to ensure that the OHS objectives set achieved as per the standard requirement.
 - Identify the opportunities for the improvement of OHS protocols, standards and objectives.
 - Initiate and conduct safety committee meetings with the management, stakeholders, subsidiaries senior management for the improvement of OHS protocols.



Dec. 2021 to June. 2023

HSE TRAINER

Arbit Safety & Engineering Solution - Qatar
Project: Training & Education- HSE

- Conduct indoor and outdoor HSE training at client premises, training include, confined space entry, excavation safety awareness, work at height, fire warden / fire fighter, COSHH, Rigging and Slinging, Basic life Safety, ERP, LOTO, Risk Management & Mitigation etc., Basic Scaffolding Erection and Dismantle etc.
- Conduct & deliver international based qualification training include IOSH, OSHA 30 Hours, Highfield Train the trainer, EICTB UK approved training for CSE, Banks man & Excavation.
- Develop new and update existing training materials, PPTs, prepare guidance notes, training assessment documents, audios and videos resources.
- Advise the stakeholders about the current and updated HSE training standard requirement, and convince them to comply with national and international training requirement.
- Adopt and implement the latest techniques for achieving practical and theoretical EHS training objectives.
- Design & develop market required courses for the fulfillment of stakeholders EHS training requirement.
- Ensure and conduct a detailed assessment of the participants about the learning objectives of the training conducted and topic covered in the session.
- Maintain an accurate records of the participants, and update it in the system.
- Provide an effective consultation & guidance over the importance of the EHS training implementation at the stakeholder's premises.
- Conduct pre assessment of the audiences, the company profiles to understand

- their needs and requirements.
- Initiate and engage the participants in an interactive learning activities, such as group discussion, individual activities, brain storming, quizzes etc.
 - Monitor the ongoing training performances and the active participation of the audiences for ensuring the effectiveness of the training session.
 - Conduct personal SWOT analysis to improve myself and enhance my knowledge as per the standard requirement. (CPD).
 - Ensure and critically analyze that the training materials are relevant and as per the standard requirement in compliance with regulatory requirement.
 - Approach senior management, training technical team to seek advice for the improvement of the training programs.
 - Develop and customize EHS training programs tailored to the specific requirement, ensure clients training objectives are met.
 - Implement programs to support the mental well-being of the audiences, addressing issues related with training.
 - Provide an open forum for the audiences during the class session to raise their training concerns prior to end of the training session.



Dec. 2012 to May 2019

HSE OFFICER

Qatari Diar Saudi bin Laden Group
(QD-SBG)

Project: Operation & Maintenance (O&M) CRG
FM-0001

- Emphasizes and implements that the OHS health and safety programs are strictly implemented and being followed by the team at the workplace.
- Ensure that the OHS programs are strictly followed as per the client requirements under a set of rules of Hamad International Airport.
- Ensure that the OHS policies, procedures, risk management plans in place are effectively implemented at the facility.
- Participating in weekly OHS inspection in coordination with HIA FM team, ensure OHS issues highlighted are immediately controlled.
- Conduct OHS toolbox talk to the team subcontractors, suppliers prior to begin the activities.
- Conduct incident, accident, near miss investigation and prepare and submitting incident report internally to QHSE team and HIA FM Team.
- Correct and review site condition, which is liable to cause or have caused accidents, and do proactive measures for recurrence.
- Provide information of the workplace OHS complication, OHS hazards & risk to the workers, contractors and sub-contractors.
- Checking and inspecting the facility to ensure that the emergency exit routes are clear from obstruction, fire extinguishers installed are accessible.
- Conduct frequent OHS inspection to identify that the workplace OHS practices are in compliance with legal requirement.

- Coordinate and advise the end users, clients, contractors and sub-contractors on safety related matters, and participate in fire evacuation drill as per standard requirement.
- Contribute and participate in the annual audit conducted by HIA FM team, ensure OHS non-conformities identified are effectively resolved.
- Lead as chief fire warden in quarterly emergency evacuation drill, deploy fire warden, and assign duties and roles to the fire warden.
- Ensure effective incident reporting system procedure is strictly followed by the team, end users, contractors and sub-contractors at the facility.
- Conduct classroom-based safety induction training is conducted to newly hired personnel, visitors, workers prior to allowing them for the work.
- Conduct and implement Job Safety Analysis session prior to start any activity / operation.
- Maintain and record all OHS documents, training records, safety observation report/ safety monitoring reports etc.
- Prepare quarterly OHS KPIs and present it at the client premises.

Academic Qualifications:

2012 Three years diploma in OHS

1997 Matriculation

- NEBOSH IGC UK (IG1-IG2-IG3) 2014
- International Diploma in OHS (British Safety Council) Unit 1 and Unit 2 Cleared.
- NVQ level Six Diploma in OHS, Global Institute, Doha Qatar (Progress)
- Certified Fire Protection Specialist (CFPS), NFPA Standards USA.
- HABC UK Certified Train the Trainer Certificate.
- OSHA 30 Hours Construction, DOL, USA
- IOSH MS UK
- 132 Hours General Industry, OSHACADEMY INTERNATIONAL USA.
- ISO QMS-9001-2015
- ISO EMS 14001-2015
- ISO OHSMS 45001-2018
- One Year Diploma in OHS, Trade Testing Board Peshawar, KPK
- Certificate in training Excavation and trenching supervisors
- Basic Life Safety/ CPR certificate
- Basic Fire Warden Certificate
- Confined Space Entry and Rescue training
- Basic Scaffolding and Erection Training TUV, Doha Qatar.
- Permit to work (PTW) TUV, Doha Qatar.
- Chemical Handling Awareness from RCS international
- Control of Substances Hazard to Health (COSHH) Course from RCS.
- AirPort Safety Induction Training, Hamad International Airport Qatar.
- Aviation Security Awareness Course, Hamad International Airport.

Computer Proficiency:

MS Word, MS Excel, MS PowerPoint

Languages Known:

- Pashto
- English
- Urdu
- Hindi

Personal Information:

Father's Name : Muhammad Sohail

Date of Birth : March 10, 1980

Place of Birth : Swabi, KPK, Pakistan.

Nationality : Pakistani.

National ID No. : 16202-3381322-1

Passport No. : CH5193224

Marital Status : Married