



MUHAMMAD ANWAR

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ACADEMIC QUALIFICATION

BA (Graduate)

DAE (Mechanical)

Diploma of Associate Engineering
(Mechanical technology)

TECHNICAL QUALIFICATION

NEBOSH IGC. UK. From M2Y Global
Academy ABU DHABI

ADOSH Aljazeera institute, Abu
Dhabi

Scaffolding supervisor

Lifting supervisor

PTW and WMS (ADNOC approved)

ISO 45001-2018(IN Progress)

TRAININGS

Basic First Aid

Basic Fire Fighting

Confined Space

Work at Height

Basic H2S level2

OERTM (OFFSHORE EMERGENCY
RESPONSE TEAM MEMBER) (OPITO)

Computer Skills:

MS Office (Word, Excel, Power point)

PROFILE SUMMARY:

Accomplished, resourceful health and safety professional with a profound ability to blend knowledge regarding HSE protocol. Strong leadership skills to deliver noticeable results. Solid background in coordinating and managing a diverse range of HSE programs/Campaigns. Excellent communicator with a consultative HSE approach and track record of active team collaboration with the following core competencies:

- Hazard identification, Risk Evaluation & Mitigation
- Employee Education/Trainings
- HSE Plan/Emergency Plans/procedures Development
- Job Safety Analysis
- Site Inspection/Audits
- Reporting
- Effective communication/coordination with sub-contractors
- Problem solving

PROFESSIONAL EXPERIENCE 10 PLUS YEARS (GCC)

Al Fanar Gas (UAE)

HSE Officer (April 2024 till Date)

During my role, I was assigned for LPG distribution, AMC, O&M Buildings, SNG plants/Modules and EPC projects with the following roles and responsibilities: -

Roles & Responsibilities:

- Carrying out risk assessment for various tasks.
- Inspections of LPG tankers/tanks on monthly basis. This inspection is mainly for general housekeeping, fire equipment validity, integrity of the system, pipes and any detection of leakage, gas detectors validity and functionality through tester gas. Witnessing the functionality of the solenoid valves.
- Inspections of PRMS, PRDPs, safety devices like gas detectors, fire equipment, PRVs etc.
- Preparation of HSE Plan and procedures for the projects, regular review and updates.
- Conducting mock drill and witnessing the response of the team and making reports.
- Preparation of monthly HSE Statistics for corporate.
- Maintaining logs of site inspections, vehicle inspections, management walkthrough, etc. and close out of the observations on timely manner.
- Arranging third-party trainings on various mandatory trainings and internal refresher trainings and training plans.

Al Fanar Gas (UAE)

HSE Engineer

Client & Project AD-Port

NG-021- Emergency Operation and Maintenance Services of Gas Distribution Network, & CP system for AD-Port KEZAD Musaffah, ICAD (1,2,3)

Roles & Responsibilities:

- Preparation of HSE Plan, Emergency response Plan and Procedures, review and revise if necessary.
- Implementation of HSE plan/procedures by the KPIs on weekly/monthly basis and discussing the
- targets (Plan vs Actual) in HSE meetings.

Personal profile

Nationality:	Pakistan
Date of birth:	10.04.1991
Marital status:	Married
Passport no:	ZE1799704
Place of issue:	Bannu
Date of issue:	02 April 2024
Date of expiry:	01 April 2034
Languages:	English, Arabic, Urdu
Driving license:	UAE
Issue Date:	January 2018
Expiry date:	Jan 2030

- Arranging and participating in management site walkthroughs, HSE site tours and inspections and
- preparing reports.
- Carrying out inspections of PRMS with regards to the safety devices.
- prepared risk assessments
- Conducting training and counselling sessions with group and on individual basis and lead the process of passing on HSE information to the work force through site Supervisors.
- Preparation of HSE Assurance Plan and ensuring 100% compliance and implementations.
- Preparation of mock drill plan, participating in mock drills, providing scenarios, witnessing with EOM Engineer & AD-Port Management
- Attending Weekly progress meeting with AD-Port Management.
- Carrying out weekly/Monthly PTW audits.
- Ensuring that unsafe acts and unsafe conditions are eliminated or rectified.
- Preparing HSE statistics reports & keep a record of all incidents/injuries as per contractual
- requirements by proper investigation and promote action to prevent recurrence.
- Initiating HSE campaigns i.e. Road Safety, Safety in Heat, PPE etc.
- Preparation of Internal/external training Plan and ensuring its execution at site.

Target Engineering & Construction Co LLC

HSE Officer (Apr 2017 to Mar 2024)

Client & Project

- EMAAR- EBH (EMAAR Boulevard height Dubai) D1D2 FORT TOWER Dubai
- ADNOC Onshore - BUHASA integrated development project Bahasa Abu Dhabi
- ADNOC Offshore- Dalma gas development project Arzanah island Abu Dhabi

Role and Responsibility:

- Implementation of approved HSE Plan all over the project locations.
- Preparation of Risk Assessment.
- Ensure all environmental parameters are in place as per approved waste management Plan.
- Coordinating with client and PMC for any required documents.
- Ensure Permit to Work (PTW) system Implemented and followed.
- Participating in HSE walkthrough and meetings.
- Organize and conduct internal HSE meeting with management personnel & execution team and preparation of Minutes of meeting (MOM).
- Conducting internal HSE training for work force according to the training matrix.
- Organizing emergency mock drills at work location
- Ensuring the job performer and supervisor conducting daily TBT prior to start the job.
- Carried out the daily site inspection at work location.

- Maintain the daily observation log register.
- Reporting all Near miss, Incident & Accident.
- Participate with investigation team and follow up for corrective and preventive action.
- Ensure daily and monthly inspection for Tools, lifting gears and equipment's done by competent person.
- Maintain records of HSE documents such as daily site inspection report, third party certificate of equipment, Lifting gears, Operators, Drivers etc.

National Drilling Company

HSE OFFICER (Aug 2014 to Jan 2017)

Client & Project

ADCO- SHAH, ASAB, BUHASA, MANDER, BUHASA, ASAB, OIL Reservoirs

Role and Responsibilities:

- Conduct Daily TBTs
- HSE Inductions
- Preparing HSE documents Such as HSE check lists, Site inspection reports, site observation, incident reports, Rig moves reports, Equipment's inspection