



## CONTACT

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**Phone:** 00966542856711

**Date of birth:** May 21, 1995

**Nationality:** Pakistani

## SKILLS

- HSMS
- Team Leadership
- Compliance management
- It Proficiency
- Microsoft Office
- Data Analysis
- ACONEX
- Web Browsing.
- Continual Improvement

## LANGUAGE

- English
- Arabic
- Pushto
- Hindi

# AMIR SOHAIL

## HSE Inspector

Dedicated HSE Inspector with 7 and a Half years of experience in conducting comprehensive workplace (Construction and infrastructure) inspections and audits to ensure compliance with health, safety, and environmental regulations.

Skilled in identifying hazards, assessing risks, and recommending corrective measures to enhance workplace safety and mitigate environmental impact. Seeking to contribute proven expertise in regulatory compliance and proactive safety management to a dynamic organization committed to maintaining high standards of occupational health and safety.

## Education

### **BS Geological ENGINEERING BUITEMS**

QUETTA PAKISTAN Mar 2012 - Sep 2017

#### **Certifications & Courses**

NEBOSH

Osha

2 Years Diploma in HSE engineering

IOSH

Basic First Aid/CPR

Basic Fire Warden Safety Training

## Experience

### HSE Inspector

#### **Pace | Architecture Engineering + Planning**

Al Khobar May 2024 – Present

#### **Health, Safety, and Environment Inspections:**

- Conduct thorough and systematic HSE inspections and audits of client facilities, construction sites, and workplaces.
- Identify potential hazards, unsafe practices, and environmental concerns.
- Assess compliance with local, state, and federal regulations, as well as company policies and industry standards.
- Evaluate emergency response procedures and readiness.

#### **Risk Assessment and Management:**

- Perform comprehensive risk assessments to identify and prioritize workplace hazards.
- Develop and implement risk control measures and corrective actions to minimize risks.

- Advise project managers and stakeholders on effective risk mitigation strategies.
- Monitor and review risk controls to ensure effectiveness and compliance.

#### **Safety Program Development:**

- Develop, implement, and maintain HSE programs tailored to client needs and regulatory requirements.
- Design and conduct safety training programs for employees, contractors, and site personnel.
- Promote a safety culture through communication, training, and enforcement of HSE policies.
- Guide safe work practices and ergonomic considerations.

#### **Incident Investigation and Reporting:**

- Investigate accidents, incidents, near misses, and environmental spills to determine root causes.
- Prepare detailed incident reports documenting findings, recommendations, and corrective actions.
- Collaborate with management to implement preventive measures and lessons learned.

#### **Regulatory Compliance and Liaison:**

- Monitor regulatory changes and updates related to health, safety, and environmental laws.
- Ensure compliance with OSHA, EPA, and other regulatory agencies.
- Interface with regulatory agencies during inspections and audits.
- Assist clients in obtaining and maintaining necessary permits and certifications.

#### **Training and Education:**

- Providing HSE training and orientation sessions for project personnel, subcontractors, and other stakeholders.
- Promoting a culture of safety awareness and environmental stewardship among employees.

#### **Environmental Management:**

- Monitoring environmental aspects of projects, including waste management, pollution prevention, and resource conservation.
- Advising on environmental impact assessments and ensuring compliance with environmental permits and regulations.

#### **Consultation and Advice:**

- Providing expert advice and guidance to project managers, engineers, and supervisors on HSE issues and compliance requirements.

- Participating in project planning meetings to ensure HSE considerations are integrated into project plans and schedules.

#### **Client Consultation and Collaboration:**

- Serve as a trusted advisor to clients on HSE matters, providing expert guidance and solutions.
- Conduct client meetings and presentations to discuss findings, recommendations, and project status.
- Foster strong client relationships through responsive communication and professional conduct.

#### **Stakeholder Engagement:**

- Engaging with clients, regulatory agencies, and community stakeholders to
- address HSE concerns and maintain positive relationships.
- Representing the company in meetings, forums, and industry associations related to HSE issues.

#### **Continuous Improvement and Best Practices:**

- Evaluate HSE performance metrics and trends to identify areas for improvement.
- Recommend and implement best practices and innovative solutions to enhance safety and efficiency.
- Participate in HSE committees, task forces, and industry associations to stay abreast of emerging trends.

#### **Documentation and Recordkeeping:**

- Maintain accurate and up-to-date records of inspections, audits, training sessions, and incidents.
- Prepare comprehensive reports and presentations for internal and external stakeholders.
- Ensure proper documentation and archiving of HSE-related information for regulatory compliance and historical reference.

### **HSE Supervisor**

#### **HPCC Makkah Saudi Arabia**

Jun 2023 - May 2024

- Conducted daily safety inspections and audits to ensure compliance with OSHA standards.
- Prepared Daily and weekly Toolbox talks Regarding activities.
- Implemented and managed an effective safety training program for new and existing employees.
- Developed and maintained safety policies and procedures to minimize

workplace accidents.

- Collaborated with management to investigate and address safety concerns in a timely manner.
- Led training sessions on safety protocols for a team of 20 employees.
- Performed regular inspections of work sites to ensure compliance with safety regulations.
- Developed and implemented emergency response plans for hazardous situations.
- Collaborated with senior management to create a culture of safety and accountability.
- Contributed to the development and implementation of a comprehensive safety program for a large construction project.

## HSE Supervisor

### **Binna-Hijaz Al Wadih Saudi Arabia**

Feb 2021 - May 2023

- Managed and oversaw HSE programs and initiatives to ensure compliance with regulations and company policies.
- Conducted safety audits, inspections, and investigations to identify and address potential hazards and risks.
- Developed and delivered safety training programs to educate employees on best practices and procedures.
- Collaborated with management and staff to implement safety protocols and emergency response plans.
- Monitored and analyzed safety data to track performance and make recommendations for improvement.

## HSE Officer

### **Saudi Amana contracting umluj tabuk Saudi Arabia**

Feb 2019 - Jan 2021

- 3-year experience as a Safety Coordinator in an industrial setting
- Managed and conducted safety inspections and audits
- Developed and implemented safety training programs for employees
- Experience in incident investigation and root cause analysis
- Proficient in OSHA regulations and compliance
- Proven track record of reducing workplace incidents
- Strong communication and leadership skills

## HSE Officer

### **KP Oil and Gas Pakistan**

Feb 2017 - Jan 2019

- Implemented safety training programs for employees
- Led safety training sessions for employees on procedures and best practices.
- Developed emergency response plans and protocols to handle incidents effectively.
- Conducted regular safety inspections and audits to identify and address potential hazards.
- 2 years of experience as a Health and Safety Officer in a manufacturing environment.
- Implemented and maintained HSE policies and procedures to ensure compliance with regulations.
- Investigated and documented workplace incidents, near misses, and accidents.
- Monitored and tracked key safety metrics to measure and improve performance
- Prepared weekly and Daily toolbox talk regarding Tasks