

ADNAN HAIDER

HSE OFFICER/ARAMCO APPROVED

SUMMARY

Resourceful, self-motivated and meticulous health, safety professional with over 5 years of experience in the oil and natural gas industry with a solid understanding of codes and regulations as well as how they apply to the industry. A motivational team leader and communicator that inspires staff to achieve safety excellence while exceeding goals that drive bottom-line profits.

059 3612 704

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Jubail Kingdom of Saudi Arabia

SKILL HIGHLIGHTS

- Project management
- Strong decision maker
- Complex problem solver
- Innovative
- Service-focused

LANGUAGES

- English
- Arabic
- Urdu
- Pashto

HOBBIES

- Traveling
- Games
- Hiking
- Swimming

EXPERIENCE

1) Company: Sinopec Engineering Group
Project: (EWPL) Upgrade Crude Oil Delivery System
Position: HSE Officer
Duration: May 23, 2023 up to now

2) Company: Sepco Arabia
Project: MYPD King Salman International Complex
Position: HSE Officer
Duration: Sept 14, 2021 to Feb 30, 2023

3) Company: Nesma & Partners
Project: OMPP-SA 4
Position: HSE Officer
Duration: Dec 07, 2020 to Oct 4, 2021

4) Company: MIA Arabia
Project: Berri Increment Project Abu Ali Island, Saudi Arabia
Position: HSE Officer
Duration: Jan 2020 to Dec 2020

5) Company: LAURSON AND TURBO

Project: HASBHA OFFSHORE INCREMENT 2 FADLI PROJECT

Position: HSE Officer

Duration: Sep 2018 To Oct 2019

TRAINING & SEMINAR ATTENDED

- Excavation Safety
- H2S Safety
- Hot Work Safety
- Cold Work Safety
- Fall Protection
- Lifting
- Work at Height
- Confined Space
- Scaffolding Safety
- Ladder Safety
- Permit to work system
- Heat stress safety awareness
- Equipment Safety
- Fire Safety

EDUCATION

Secondary School Certificate (BISE KOHAT Pakistan)

Civil Diploma (Lahore Technical Board Pakistan)

CERTIFICATIONS

OSHA 30 hrs. (IASP) &

OSHA Academy

IOSH MS 5.0

BLS

First Aid

NEBOSH-IGC

EMS ISO 14001 Lead auditor

THE IMPACT OF CLIMATE CHANGE AND HEAT STRESS ON
OCCUPATIONAL HEALTH AND SAFETY

SKILLS

MS Word

MS Excel

PowerPoint

Internet

Utilities

RESPONSIBILITIES

Daily monitoring of onsite condition to ensure safe work practices and safety of workers.

- Stop any unsafe acts or processes that seem dangerous or unhealthy.
- Assisting in the investigation of accidents and determining root causes and recommend corrective measure.
- Verifies that all tool and equipment are adequate and safe for use.
- Using permit to work (PTW) to monitor and control any hot work, excavations, lifting and confined space.
- Strictly monitoring the company worker PPE safety.
- To check the scaffolding before the start of any work at height.
- Inspecting the signs and barricades for hazardous areas.
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- Ensuring lock out and tag out procedures while carrying out electrical activities or activities involve depressurizing of pipeline system.
- Identifying Hazard to the workers.
- Coverage of all critical activities including lifting and hot works.
- Carrying out weekly housekeeping campaign to clear on ground making the access and egress safe and clean.
- Making daily reports regarding unsafe procedure in job site and preventive steps to avoid recurrence.
- Ensuring permit to work system to eliminate or reduce hazards involve in activities.
- Advising on a range of specialist areas, e.g. fire regulations, hazardous substances, noise, safeguarding machinery and occupational diseases.
- Discussing the latest mistakes done by the workers and giving ~~training~~ training to avoid accidents and near misses.
- Maintaining Safety rules and regulation by enforcing legislation and internal policy.
- Responsible for conforming HSE work of the project according to HSE Management requirement.
- Inspection of workers and equipment's in the job site to ensure proper safety procedure as per client's satisfaction.
- Daily safety inspection to identify unsafe working conditions, **unsafe practices and ensuring the safe installation of equipment.**
- Monitor all workers to ensure proper safety outfit, such as safety belt, safety shoes, safety helmet, safety glass, eye goggles, earplugs and masks etc.
- Ensure that sub-contractors are following up the client's PTW procedure and inspect them on daily basis.
- Keeping records of inspections findings and producing reports that suggest improvements.

REFERENCES

Shall be provided upon request