



CONTACTS

Email: adnanhaiderjan@gmail.com

Mobile: +923029039096

Whatsapp: +923029039096

Address: Dandar Road Alamdar Colony

District Kurram Parachinar

PERSONAL INFORMATION

Father Name: Nusrat Ali

Date of Birth: 21-12-1997

CNIC No: 21303-0233308-9

Marital Status: Single

Domicile: District Kurram

Religion: Islam

Nationality: Pakistani

COMMUNICATION SKILLS

English

- ❖ Well Knowledge in English, Reading, writing, and speaking

Urdu

- ❖ Well Knowledge in Urdu Reading, writing, and speaking

Pashto

- ❖ Well Knowledge in Pashto Reading, writing, and speaking

LANGUAGES

- ❖ English
- ❖ Urdu
- ❖ Pashto

Objective

Dedicated and detail-oriented Health and Safety Officer with 5 years of experience in developing, implementing, and monitoring workplace safety programs. Proven track record in ensuring compliance with regulatory standards, reducing workplace incidents, and fostering a culture of safety. Seeking to leverage my expertise in risk assessment, training, and emergency preparedness to contribute to a safer and healthier work environment.

Qualification

Matric	2014
F.Sc (Pre-Engineering)	2016
D.A.E Civil	2019

Short Course

“COMPETENCY BASED TRAINING” of NVQF under supervision of
TEVTA. (11/05/2019)

Computer Skills

- ❖ Ms. Office,
- ❖ Auto CAD
- ❖ Daily user of Computer.

Experience

- ❖ Five years and Two Months Experience with
KURRAM JAN CONSTRUCTION CO.
- ❖ Designation: Health and Safety Supervisor. 12/2019 – Present
- Develop, implement, and enforce health and safety policies and procedures to ensure regulatory compliance.
- Conduct regular risk assessments, workplace inspections, and hazard identification to mitigate potential risks.
- Organize and deliver safety programs to employees and management to promote a safety conscious culture.
- Investigate workplace incidents, analyze root causes, and implement corrective actions to prevent recurrence.
- Monitor compliance with safety regulations, maintain records, and prepare for internal and external audits.