

# ADEEL KHAN

## HSE PROFESSIONAL



### OBJECTIVES

Dedicated and results-driven HSE professional with a robust educational background, including a Diploma in HSE, NEBOSH IGC certification, and extensive hands-on experience in diverse industries such as renewable solar energy, civil infrastructure, and National Refinery Project. Possessing a strong foundation in health, safety, and environmental regulations, I have successfully executed key responsibilities such as hazard identification, risk assessment, accident investigation, and safety training. Adept at ensuring compliance with HSE protocols and fostering a positive safety culture. I boast a proven track record in overseeing large-scale projects, including the 1.6GWac/1.8GWp Sudair PV IPP Project in KSA and 1425 MV Al Kahfah solar PV IPP. Seeking a challenging position as an HSE Engineer/HSE Supervisor in Saudi Arabia or the GCC region, leveraging my expertise in site monitoring, HS&E monitoring, and implementing effective safety measures. Proficient in operating systems such as Windows XP, Windows Excel, with excellent computer skills in MS-Office, Power point. Known for quick decision-making, teamwork, and effective communication. Ready to contribute to a forward-thinking organization committed to excellence in health and safety.

 **0565215397**

 **adeeljadoon052@gmail.com**



### Education

**D.A.E (Diploma of Associate Engineer) in Mechanical**  
**Technology Diploma in Safety Management 1 Year Program**



### PERSONAL DETAILS

**DATE OF BIRTH:** **15/03/1992**  
**NATIONALITY:** **PAKISTAN**  
**IQAMA NUMBER:** **2412119469**  
**IQAMA STATUS:** **TRANSFERABLE**



### LANGUAGES

**ENGLISH** 

**URDU** 

**PANJABI** 

**ARABIC** 



## CERTIFICATIONS

- OSHA 30-Hours Construction Safety and Health (USA)
- IOSH 30-Hours Managing Safely (UK) NEBOSH IGC
- ISO 45001:2018 Occupational Health & Safety Management System
- ISO 14001:2015 Environmental Management System
- Basic Fire Fighting & Fire Warden Certificate
- Advance First Aid and CPR Certificate.



## TRAINING AND AWARENESS COURSES

- ❖ Covid-19 Outbreak & Special Awareness
- ❖ Basic First Aid & CPR
- ❖ Accident & incident investigation and reporting
- ❖ Electrical Safety
- ❖ Confined Space Entry
- ❖ HOT Work Safety and Procedure
- ❖ Lockout & Tag out
- ❖ Safety Roles and Responsibilities
- ❖ Tool Box Talking (TBT) Meeting
- ❖ Check permit to work
- ❖ Finding observations
- ❖ P & M Inspection
- ❖ Contractor Working Training (CWT)
- ❖ PPE inspection
- ❖ EHS alert
- ❖ Preparing SOP and other required Doc
- ❖ Scaffoldings and their Safety
- ❖ Working at Height, Lifting & Rigging
- ❖ Personal Protective Equipment
- ❖ Health, Safety and Environment Inspection
- ❖ Basic Fire Fighting Training
- ❖ Crane Safety
- ❖ Excavation Safety
- ❖ Man lift Safety
- ❖ Evacuation Training
- ❖ Mock Drill
- ❖ Handling Hazardous Materials
- ❖ Heavy Equipment Control & Inspection.
- ❖ P & M Inspection



## PERSONAL ACHIEVEMENTS

To obtain a responsible and challenging position in a professionally managed organization where I can utilize my skills in contributing effectively for the growth of the organization, and an opportunity for further advancement in my career. An Individual with a very positive attitude and an ability to work hard and sincerely to the optimum satisfaction of Company Management.



## WORK EXPERIENCE

- **Project:** 1425 MW Al Kahfah Solar PV INDEPENDENT POWER PLANT
  - **Client:** ACWA Power
  - **Company:** Larsen & Toubro PT&D
  - **Position:** HSE Supervisor
  - **Duration:** 1st January 2024 to till date.
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- **Project:** SUDAIR 1.6/1.8 GW PV INDEPENDENT POWER PLANT
  - **Client:** ACWA Power
  - **Company:** Larsen & Toubro PT&D
  - **Position:** HSE Supervisor
  - **Duration:** 1st June 2022 to 31 Dec 2023 .
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- **Project:** Mansourah Massarah Gold Project (MMGP)
  - **Client:** Ma'aden Gold and Base Metal (MGBM)
  - **Company:** Larsen and Toubro (L&T-MMH)
  - **Position:** EHS Officer
  - **Duration:** November 2020 to 31 May 2022.
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- **Project:** Crown Plaza Minhal Hotel Riyadh
  - **Client:** Khatib Alami
  - **Company:** Riyadh Development Company (RIDCO)
  - **Position:** Safety Officer
  - **Duration:** April 2016 to August 2020

- **Project:** National Refinery Project
- **Client:** Atomic Energy Pakistan
- **Company:** Me And Construction
- **Position:** Safety Officer
- **Duration:** April 2015 to September 2015
  
- **Project:** Al Qasim Project
- **Client:** Navy and Marine Force Pakistan
- **Company:** Descon Engineering Company
- **Position:** Safety Inspector
- **Duration:** February 2013 to February 2014
  
- **Project:** FYO Client: NHA (National Highways Authority)
- **Company:** Hazara Company Private Limited Pakistan
- **Position:** HSE Officer
- **Duration:** March 2012 to December 2012



## DUTIES AND RESPONSIBILITIES

- ❖ Weekly Management site walkdown participation
- ❖ Coverage of all critical activities including lifting and hot works.
- ❖ Overall traffic control & electrical safety precautions.
- ❖ Arrangement and conducting of equipment inspections.
- ❖ New employee's safety orientation.
- ❖ Coordinated the installation of fire extinguishers where necessary.
- ❖ Attend the walk throw with client
- ❖ Check the all welfare facilities'
- ❖ Implementation of role and regulation at the site.
- ❖ Color code system implementation
- ❖ Coverage of all critical activities including lifting and hot works.
- ❖ Identifying Hazard to the workers.
- ❖ Taking corrective actions for un-safe practices.
- ❖ Weekly site walk around participation.

- ❖ Implementing general safety of the company.
- ❖ Conducting training safety assignment, responsibilities and duties of the company.
- ❖ Handle tool box meeting.
- ❖ Educate the employee, the importance of safety and health.
- ❖ Training of proper handling of hand and power tools handling.
- ❖ Securing excavation safety.
- ❖ Supervised safety specialized work procedures.
- ❖ Supervised and appraised accident investigation
- ❖ Handles tool box meeting prior to assigned worksites
- ❖ Trains assigned employee for excavation safety
- ❖ Prepare reports for hazards and precautionary measures on actions taken
- ❖ Review procedure for compliance with standard safety codes.
- ❖ Perform risk assessment and on-job risk analysis
- ❖ Supervise safety inspections for the entire worksites
- ❖ Promote safety awareness within confined jobsites
- ❖ Work with production and equipment/maintenance teams on environmental issues.
- ❖ Co-ordination of the company's in-house HSE communication meetings and periodic HSE plans, data, implementation and audits.
- ❖ Involved in the Health, Safety & Environment Awareness presentations/talks preceding daily operations.



## **DECLARATION**

I hereby declare that the above mentioned details are true and correct to the best of my knowledge and belief.

SIGNATURE: